



EL MONTE PARKS, RECREATION & COMMUNITY SERVICES

# CAPTURE

*the Spirit of El Monte*

FALL 2019 / WINTER 2020



# BACK TO EL MONTE

# THE CITY OF EL MONTE

## ELECTED OFFICIALS

|                         |                |
|-------------------------|----------------|
| Andre Quintero          | Mayor          |
| Jerry Velasco           | Mayor Pro Tem  |
| Jessica Ancona          | Councilmember  |
| Victoria Martinez-Muela | Councilmember  |
| Maria Morales           | Councilmember  |
|                         |                |
| Cathi Eredia            | City Clerk     |
| Viviana Longoria        | City Treasurer |
| Alma K. Martinez        | City Manager   |

## PARKS, RECREATION & COMMUNITY SERVICES

|                     |                             |
|---------------------|-----------------------------|
| Alexandra Marroquin | Director                    |
| Lisa Del Real       | Recreation Services Manager |
| Victoria Burl       | Recreation Supervisor       |
| Teresa Ramirez      | Aquatics Supervisor         |

## BROCHURE KEY

-  HEALTH & WELLNESS
-  ONLINE REGISTRATION AVAILABLE
-  NUTRITIONAL VALUE

## ACTIVE NET POLICIES

### Active Net processing Fee

Effective September 3, 2019, there will be a \$3.00 Active Net processing fee for each transaction accepted at the Aquatic Center Cashier Counter.

- All classes are subject to change and cancellation.
- All fees, times and dates of all programs are subject to change.
- Classes will be cancelled or combined if they do not have a minimum amount of registered participants.
- Pre-registration is required.
- Account credits or exchanges will only be allowed in the event of a medical emergency with proper medical documentation.
- Limited sign-ups. Sorry, no refunds.

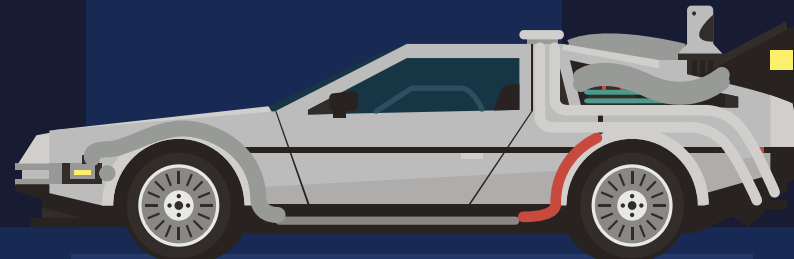
REGISTER ONLINE FOR PROGRAM AND CLASSES TODAY: [apm.activecommunities.com/elmonteparksandrec/Home](http://apm.activecommunities.com/elmonteparksandrec/Home)

# BACK TO EL MONTE

## Back To The Future Movie Trivia

1. How fast does the DeLorean have to be travelling to be able to travel through time?
  - a. 87mph
  - b. 89mph
  - c. 88mph
2. What makes time travelling possible?
  - a. Speed of the car
  - b. Flux Capacitor
  - c. Plutonium
3. At what time did the lightning strike the clock?
  - a. 10:04 pm
  - b. 12:00 am
  - c. 11:11 pm
4. How did Biff make his first million?
  - a. Playing the Lottery
  - b. Betting on a horse race
  - c. Betting on a football game
5. How much does a cup of coffee cost in 1955?
  - a. 10 cents
  - b. 2 cents
  - c. 5 cents

ANSWERS: 1.c, 2.b, 3.a, 4.b, 5.c



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Parks  
Make  
Life  
Better!

## DIA DE LOS MUERTOS FACTS

Día de los Muertos is celebrated on October 31st - November 2nd.

Día de los Muertos originated in ancient Mesoamerica (Mexico and northern Central America) where indigenous groups, including Aztec, Maya and Toltec, had specific times when they commemorated their loved ones who had passed away. Certain months were dedicated to remembering the departed, based on whether the deceased was an adult or a child.

After the arrival of the Spanish, this ritual of commemorating the dead was intertwined with two Spanish holidays: All Saints Day (Nov. 1) and All Soul's Day (Nov. 2). Día de los Muertos is often celebrated on Nov. 1 as a day to remember children who have passed away, and on Nov. 2 to honor adults.

Today, Día de los Muertos is celebrated mostly in Mexico and some parts of Central and South America. Recently it has become increasingly popular among Latino communities abroad, including in the United States.

In addition to celebrations, the dead are honored on Día de los Muertos with ofrendas—small, personal altars honoring one person. Ofrendas often have flowers, candles, food, drinks, photos, and personal mementos of the person being remembered.

To start your Ofrenda, learn how to make Sugar Skulls on October 17, 2019. See page 2.

## FALL BOUTIQUE

Highlighting handcrafted items, delicious foods and an abundance of gifts for birthdays, weddings, Halloween, Thanksgiving, Christmas and special occasions.

| DAY  | TIME            | DATE | FEE  |
|------|-----------------|------|------|
| THUR | 9:00AM - 2:00PM | 10/3 | Free |

**AGE REQUIREMENT** All

**LOCATION** Jack Crippen Multipurpose Senior Center

## SUGAR SKULL WORKSHOP

You're invited to Dia de Los Muertos cultural event and celebration! Bring your family and friends as we celebrate by decorating your own Sugar Skull. Light refreshments will be provided.

**THURSDAY** 5:00PM - 6:30PM 10/17 **AGES 6+** \$5

**LOCATION:** Grace T. Black Auditorium

**NOTE:** Register online at [apm.activecommunities.com/elmonteparksandrec/home](http://apm.activecommunities.com/elmonteparksandrec/home)

## HALLOWEEN FUN AT THE PARKS

Boo! Join the Halloween Fun! Activities will include: Halloween costume contest, Scary Bag Award Presentation, Mummy Wrap Contest and Halloween Potluck.

**TUESDAY** 3:00PM - 5:00PM 10/29 **ALL AGES** **FREE**

**LOCATION:** FLETCHER PARK, GIBSON MARIPOSA PARK, LAMBERT PARK, MT. VIEW PARK, ZAMORA PARK

## SCARY BAG CONTEST

Dare to enter the Scary Bag Contest! Designed to provide an opportunity for children to express their scary creativity by decorating a standard lunch bag as a Halloween character. Entries must be homemade. Materials used may include: tissue paper, glitter, construction paper, yarn, feathers, markers or crayons.

**MONDAY** 3:00PM - 5:00PM 10/28 **AGES 6 - 15** **FREE**

**TUESDAY** 3:00PM - 5:00PM 10/29 **AGES 6 - 15** **FREE**

**LOCATION:** FLETCHER PARK, GIBSON MARIPOSA PARK, LAMBERT PARK, MT. VIEW PARK, ZAMORA PARK

**NOTE:** All entries are due to your local park by October 28th. Awards will be given at participating sites on October 29th during the Park Halloween activities.

# THE EL MONTE TRANSIT

THIS HOLIDAY SEASON... RIDE.

## Homemade Hot Chocolate Recipe:

### Ingredients

|                      |  |
|----------------------|--|
| 1/2 cup sugar        | 4 cups milk                                |
| 1/4 cup baking cocoa | 3/4 teaspoon vanilla extract               |
| Dash salt            | Miniature marshmallows, sweetened          |
| 1/3 cup hot water    | whipped cream or cinnamon sticks, optional |

### Directions

In a saucepan, combine sugar, cocoa and salt. Add water; bring to a boil. Cook and stir for 2 minutes. Stir in milk; heat to serving temperature (do not boil). Remove from the heat; stir in vanilla. Whisk until frothy. If desired, garnish with marshmallows, cream or cinnamon sticks.



## FESTIVAL OF LIGHTS AT MISSION INN

Festival of Lights include 200 animated figures including angels, elves and Dickens carolers; appearances by Santa Claus, the world's largest man-made mistletoe, horse-drawn carriage rides, elf tuck-ins, freshly fallen snow, elaborately decorated Christmas trees; and delectable holiday confections at the famous Casey's Cupcakes, among other festive offerings.

| DAY                                     | TIME            | DATE       | FEE |
|---|-----------------|------------|-----|
| THUR                                    | 4:00PM - 9:00PM | 12/12/2019 | \$5 |
| <b>AGE REQUIREMENT</b> 8+               |                 |            |     |
| <b>LOCATION</b> Mission Inn - Riverside |                 |            |     |

**NOTE:** This trip is open to the public. Includes free shuttle bus transportation from the El Monte Community Center and a snack bag. Limited Sign-Ups. Sorry, no refunds. Register online at [apm.activecommunities.com/elmonteparksandrec/home](http://apm.activecommunities.com/elmonteparksandrec/home)

## HOLIDAY HOUSE AND TREE LIGHTING

The Mayor and City Council invite you to join the 47th Anniversary Holiday House and Tree Lighting.

| DAY   | TIME             | DATE       | FEE  |
|---|------------------|------------|------|
| SAT   | 10:00AM - 6:00PM | 12/07/2019 | Free |
| <b>AGE REQUIREMENT</b> All                          |                  |            |      |
| <b>NOTE</b> Tree Lighting Ceremony starts at 6:00PM |                  |            |      |
| <b>LOCATION</b> El Monte Community Center           |                  |            |      |

## HOLIDAY FUN AT THE PARKS

Join us at our city parks for Holiday activities which include: arts and crafts, sports, games, and holiday fun.

| DAY       | TIME            | DATES        | FEE  |
|-----------|-----------------|--------------|------|
| MONDAYS   | 2:15PM - 4:45PM | 12/23, 12/30 | FREE |
| THURSDAYS | 2:15PM - 4:45PM | 12/26, 1/2   | FREE |
| FRIDAYS   | 2:15PM - 4:45PM | 12/27, 1/3   | FREE |

**LOCATION:** FLETCHER PARK, GIBSON MARIPOSA PARK, LAMBERT PARK, MT. VIEW PARK, ZAMORA PARK

**NOTE:** See park office for more information.

## PARENTS NIGHT OUT

Drop your kids off for a night of fun, while you enjoy a well-deserved night out or begin your Holiday shopping! We will provide pizza, games, crafts, and activities.

**FRIDAY** 6:00PM - 9:00PM 11/15 **AGES 6 - 13** \$20 FIRST CHILD, \$15 ADDITIONAL SIBLING  
**LOCATION:** Lambert Park Auditorium

**NOTE:** Limited Sign-Ups. Sorry, no refunds. Register online at [apm.activecommunities.com/elmonteparksandrec/home](http://apm.activecommunities.com/elmonteparksandrec/home)



## Movie Facts

With every transition of Forrest's age, one thing remains the same- in the first scene of each transition he wears a blue plaid shirt.

When Forrest gets up to talk at the Vietnam rally in Washington, the microphone plug is pulled and you cannot hear him. According to Tom Hanks, he says, "Sometimes when people go to Vietnam, they go home to their mommas without any legs. Sometimes they don't go home at all. That's a bad thing. That's all I have to say about that."

When Forrest first learns to play ping-pong in the infirmary, he is told the trick is to "keep his eye on the ball" by another soldier. After that moment, whenever he is shown playing ping-pong, he never blinks.

The line, "My name is Forrest Gump. People call me Forrest Gump," was ad libbed by Tom Hanks while filming the scene and director Robert Zemeckis liked it so much that he decided to keep it in.

The running scene was inspired by an actual event. In 1982, Louis Michael Figueroa, aged 16, ran from New Jersey to San Francisco for the American Cancer Society, unknowingly inspiring a line for Forrest Gump's famous run on the silver screen. "I just put one foot in front of the other," it goes. "When I get tired I sleep. When I get hungry I eat. When I have to go to the bathroom, I go."

Jenny's last name, Curran, is never said in the film. The only places you can find it are on the back of an envelope that Forrest mailed to Jenny while he was in Vietnam, on her mailbox when she is a child, and on the letters that are returned to him in the hospital.

Tom Hanks wasn't paid for the film. Instead he took percentage points which ultimately netted him in the region of \$40 million.

# The Friendly City of El Monte



**COMING SOON!**

## FLETCHER "FETCH" PARK

Please join us for a Community Outreach and Informational Meeting.  
**Thursday**                      **10/17**                      **5:00PM - 6:30PM**  
**LOCATION: 3404 Fletcher Parkway**  
**NOTE:** Pizza, Drinks, and Doggie Treats!



## STREETS & TREATS

626 Golden Streets | SGV Streets and Treats will feature a 4.5 mile route with trick-or-treating booths, music and arts activations, cultural offerings, and family-friendly games and contests (e.g., best dressed bicycle/scooter, family, dog, etc). Linking South El Monte and El Monte, the family-friendly ciclovia will also build upon the community's annual Dia de Los Muertos celebration and connect to a Complete Streets demo project and one of SoCal's first bicycle parks at the Jeff Seymour Family Center in El Monte.

**SATURDAY**                      **9:00AM - 4:00PM**                      **10/26**                      **ALL AGES**                      **FREE**  
**LOCATION: EL MONTE & SOUTH EL MONTE**

## VETERANS DAY

The City of El Monte along with the community will be honoring all military service members at the City's Annual Veterans Day Celebration on Monday, November 11, 2019. We salute our Veterans and their families for their service. Celebration to be held at Grace T. Black Auditorium.

**MONDAY**                      **9:00AM**                      **11/11**                      **ALL AGES**                      **FREE**  
**LOCATION: Grace T. Black Auditorium**  
**NOTE:** Refreshments will be provided.

## VALENTINE CONTEST

It is said that the secret behind all art is LOVE! This activity is designed to provide an opportunity for children to express their creativity by creating a homemade Valentine. Materials used may include: tissue paper, glitter, construction paper, paper, yarn, feathers, markers or crayons.

**WEDNESDAY**                      **3:00PM - 5:00PM**                      **2/12**                      **AGES 6 - 15**                      **FREE**  
**FRIDAY**                      **3:00PM - 5:00PM**                      **2/14**                      **AGES 6 - 15**                      **FREE**

**LOCATION: FLETCHER PARK, GIBSON MARIPOSA PARK, LAMBERT PARK, MT. VIEW PARK, ZAMORA PARK**  
**NOTE:** All entries are due to your local park by February 12th. Awards will be given at participating sites on February 14th.

# MIRACLE

## ON MAIN STREET



### YOUNG REMBRANDTS ART BASICS OF ELEMENTARY AND CARTOON DRAWING

This class combines our essential basics of drawing and our humorous cartoon curriculum. Students will improve drawing skills, understanding of concepts, and increase art vocabulary as well as create silly characters and story sequences that tell jokes!

| DAY | TIME            | DATE       | FEE  |
|-----|-----------------|------------|------|
| T   | 4:00PM - 5:00PM | 2/4 - 2/25 | \$25 |

**AGE REQUIREMENT** 6 - 12

**INSTRUCTOR** Young Rembrandts

**LOCATION** Grace T. Black Auditorium

### PAINTING FOR OLDER ADULTS

The Painting for Older Adults class offers an individual approach to painting and creative arts. Participants will learn about lines, colors, shapes and forms as well as new techniques in drawing progression.

| DAY | TIME            | DATE        | FEE  |
|-----|-----------------|-------------|------|
| M   | 3:00PM - 5:00PM | 8/19 - 12/2 | Free |
| M   | 3:00PM - 5:00PM | 1/27 - 5/18 | Free |

**AGE REQUIREMENT** 18+

**NO CLASS** 11/11 • 1/20 • 2/17 • 3/23

**INSTRUCTOR** Rio Hondo College

**LOCATION** Jack Crippen Multipurpose Senior Center

### CARD MAKING 101

Students will learn the basics of paper crafting, card making ideas and techniques. You'll leave with a gift for Thanksgiving. All materials included.

| DAY | TIME            | DATE  | FEE  |
|-----|-----------------|-------|------|
| T   | 6:00PM - 7:00PM | 11/19 | \$20 |

**AGE REQUIREMENT** 7+

**INSTRUCTOR** Huan Su-Escobedo

**LOCATION** Grace T. Black Auditorium

## HOLIDAY WORD SEARCH

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| A | S | C | F | G | I | F | T | S |
| O | A | T | L | O | P | H | W | Y |
| H | N | Z | E | U | T | X | D | O |
| O | T | U | O | A | R | P | C | K |
| L | A | K | E | B | H | R | O | A |
| L | P | R | T | H | B | E | L | L |
| Y | W | E | K | C | O | S | P | H |
| B | Q | K | D | O | I | N | W | E |
| C | H | R | I | S | T | M | A | S |

### Word List

SANTA

CHRISTMAS

WREATH

BELL

ELF

GIFTS

SOCK

HOLLY

### HALLOWEEN CRAFT WORKSHOP

Calling all little monsters! Sign up for spooky fun and make your own creepy craft to take home. All materials included.

| DAY | TIME            | DATE  | FEE  |
|-----|-----------------|-------|------|
| T   | 6:00PM - 7:00PM | 10/22 | \$20 |

**AGE REQUIREMENT** 7+

**INSTRUCTOR** Huan Su-Escobedo

**LOCATION** Grace T. Black Auditorium

### ORIGAMI WORKSHOP

Students will learn how to make a paper flower. All materials included.

| DAY | TIME            | DATE | FEE  |
|-----|-----------------|------|------|
| T   | 6:00PM - 7:00PM | 3/17 | \$15 |

**AGE REQUIREMENT** 5+

**INSTRUCTOR** Huan Su-Escobedo

**LOCATION** Grace T. Black Auditorium

### PLOT TWIST ADVENTURES IN THEATRE

#### DINOSAUR WORLD - A BRAND NEW DINOMITE ADVENTURE

Dare to experience the dangers and delights of Dinosaur World in this interactive new show! Grab your compass and join our intrepid explorer across uncharted territories to discover a prehistoric world of astonishing (and remarkably lifelike) dinosaurs. Meet every child's favorite flesh-eating giant - the Tyrannosaurus Rex - a Triceratops, Giraffatitan, and Segnosaurus!

| DAY | TIME             | DATE | FEE  |
|-----|------------------|------|------|
| SUN | 11:30AM - 4:00PM | 3/8  | \$15 |

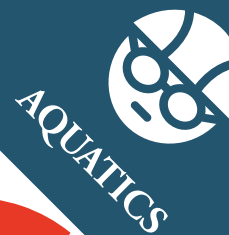
**AGE REQUIREMENT** 8+

**NOTE** Register online at: [apm.activecommunities.com/elmonteparksandrec/Home](http://apm.activecommunities.com/elmonteparksandrec/Home)

This trip is open to the public. Includes free shuttle bus transportation and a snack bag. Limited Sign-Ups. Sorry, no refunds.

**LOCATION** Cerritos Center for the Performing Arts

# AQUATICS



# CLUBS

**Address:**  
El Monte Aquatic Center  
11001 Mildred Street  
El Monte, CA 91731

**Office Hours:**  
M-TH 9:00AM - 9:00PM  
SAT 9:00AM - 1:00PM

**Contact Information:**  
Phone: (626) 580-2213

## AQUATIC TEAMS

### MAX AQUATICS AT EL MONTE

MAX Aquatics is a USA Swimming, year-round competitive swim team, offering high-quality professional coaching and technique instruction for all ages and abilities. The goal of MAX Aquatics is to provide every member an opportunity to improve swimming skills and achieve success at his or her level of ability, from novice to international competitor.

#### BEGINNER GROUPS (BRONZE AND GOLD)

| DAY    | TIME            | DATE         | AGE |
|--------|-----------------|--------------|-----|
| M - TH | 4:00PM - 5:30PM | 9/09 - 12/19 | 5 + |
|        | 4:00PM - 5:30PM | 1/06 - 3/30  |     |

#### ADVANCED GROUPS (SILVER AND DEVELOPMENT)

| DAY    | TIME            | DATE         | AGE  |
|--------|-----------------|--------------|------|
| M - TH | 5:00PM - 7:00PM | 9/09 - 12/19 | 12 + |
|        | 5:00PM - 7:00PM | 1/06 - 3/30  |      |

**NO CLASS** 10/31 • 11/11 • 11/25-11/28 • 12/20-1/5

**NOTE** A try-out is required for team placement and fees. Tryouts are held Monday-Thursday at 7 pm. Please check in with the coach on deck for a tryout.

**INSTRUCTOR** Marco Flores

**LOCATION** Aquatic Center

### ARROW DIVE CLUB

A USA Diving Team offers coaching and competition in one and three-meter springboard diving for novice, junior Olympic and high school levels.

| DAY    | TIME            | DATE         | FEE    |
|--------|-----------------|--------------|--------|
| M & W  | 4:00PM - 7:30PM | 9/09 - 12/18 | Varies |
| T & TH | 4:00PM - 7:00PM | 9/10 - 12/19 | Varies |
| M & W  | 4:00PM - 7:30PM | 1/06 - 3/30  | Varies |
| T & TH | 4:00PM - 7:00PM | 1/07 - 3/31  | Varies |

**AGE REQUIREMENT** 5 - 17

**NO CLASS** 10/31 • 11/11 • 11/25-11/28 • 12/20-1/5

**NOTE** Fee depends on number of practices attended. Inquire with coach for pricing.

#### ARROW DIVE CLUB LEARN TO DIVE LESSONS

A learn to dive program that offers coaching and competition in one and three meter Springboard diving.

| DAY    | TIME            | DATE         | FEE    |
|--------|-----------------|--------------|--------|
| M - TH | 4:00PM - 4:50PM | 9/09 - 12/18 | Varies |
| M - TH | 5:00PM - 5:50PM | 1/06 - 3/30  | Varies |

**AGE REQUIREMENT** 5 - 17

**NO CLASS** 10/31 • 11/11 • 11/25-11/28 • 12/20-1/5

**INSTRUCTOR** Deliang Li

**LOCATION** Aquatic Center

### MIDVALLEY WATER POLO TRAVEL TEAM & SPLASHBALL PROGRAM

This aquatics program provides beginner, intermediate and advanced classes that will help develop superior swimmers and water polo players. Swimmers will improve techniques, athleticism and an understanding of the game.

#### TRAVEL TEAM PRACTICE

| DAY    | TIME            | DATE         | AGE    |
|--------|-----------------|--------------|--------|
| M & W  | 7:30PM - 9:00PM | 9/09 - 12/18 | 6 - 13 |
| T & TH | 7:00PM - 9:00PM | 9/10 - 12/19 |        |
| M & W  | 7:30PM - 9:00PM | 1/06 - 3/30  |        |
| T & TH | 7:00PM - 9:00PM | 1/07 - 3/31  |        |

#### SPLASH TEAM PRACTICE

| DAY   | TIME            | DATE         | AGE    |
|-------|-----------------|--------------|--------|
| M & W | 7:30PM - 9:00PM | 9/09 - 12/18 | 6 - 13 |
| M & W | 7:30PM - 9:00PM | 1/06 - 3/30  |        |

**FEE** Varies

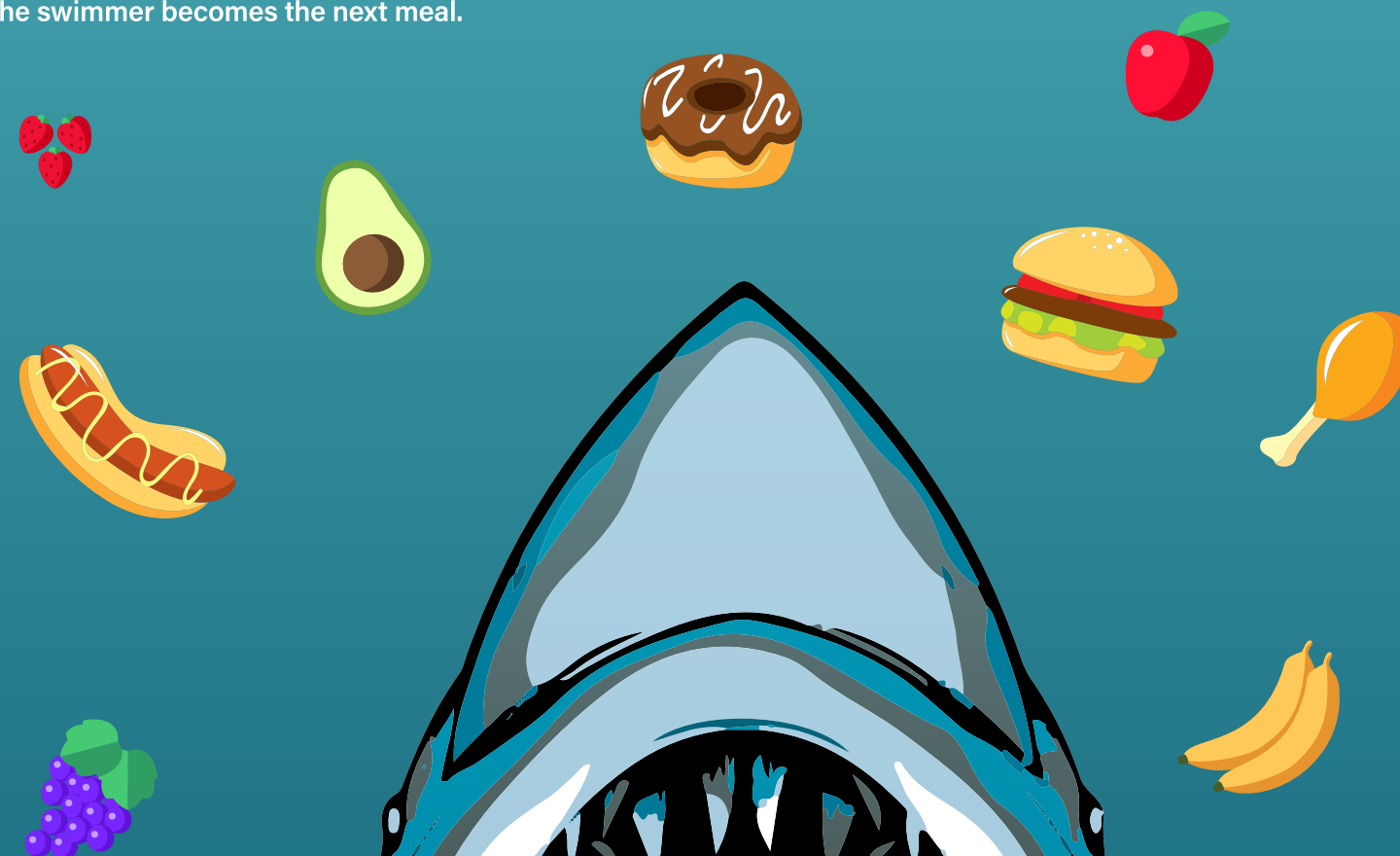
**NO CLASS** 10/31 • 11/11 • 11/25-11/28 • 12/20-1/5

**NOTE** Participants must be able to swim 25 yards in deep water uninterrupted.

**INSTRUCTOR** Robert Zirovich

**LOCATION** Aquatic Center

Circle the Healthy Foods before the swimmer becomes the next meal.



**ANSWER:** Strawberries, Apple, Bananas, Grapes, Avocado

## Movie Fact

The movie Jaws was developed from a book of the same name by Peter Benchley. Though he says the book is pure fiction, Benchley says he was inspired by the capture of a 4,500-pound shark off the coast of Montauk in 1964.

# FINDING AQUATICS

Which route should the Clownfish take to get to the baby Clownfish?



## LIFEGUARD COURSE

Participants of the American Red Cross Lifeguarding course will learn entry-level lifeguarding skills to prevent, recognize and respond to aquatic emergencies. After successful completion, participants will be required to complete online work prior to the first day of class. A prerequisite swim required before registration.

| DAY      | TIME            | DATE                      | FEE   |
|----------|-----------------|---------------------------|-------|
| T/TH/SAT | VARIES          | 3/19 • 3/21 • 3/24 • 3/26 | \$150 |
| M - TH   | 9:00AM - 2:00PM | 4/13 - 4/16               | \$150 |

**AGE REQUIREMENT** 15+

## LIFEGUARD INSTRUCTORS / TRAINERS REVIEW COURSE

This course is designed to evaluate current lifeguard instructors/trainers in the current lifeguard program. Participants must bring proper CPR Mask and current certifications on review day.

| DAY | TIME            | DATE | FEE   |
|-----|-----------------|------|-------|
| SAT | 8:00AM - 4:00PM | 9/28 | \$125 |
| SAT | 8:00AM - 4:00PM | 2/01 | \$125 |

**AGE REQUIREMENT** 18+

## LIFEGUARD REVIEW

Participants are eligible to re-certify in lifeguard/first aid/CPR/AED. Participants must have current certification to take this course.

| DAY | TIME            | DATE | FEE  |
|-----|-----------------|------|------|
| SAT | 8:00AM - 5:00PM | 2/01 | \$80 |

**AGE REQUIREMENT** 16+

**LOCATION** Aquatic Center

## SENIOR LAP SWIM & EXERCISE PROGRAM

This is a continuous program that offers open recreation lap swimming and water exercise for our senior citizens.

| DAY    | TIME              | DATE         | AGE |
|--------|-------------------|--------------|-----|
| M - TH | 10:00AM - 11:30AM | 9/09 - 12/19 | 50+ |
| T & TH | 7:00PM - 9:00PM   | 9/10 - 12/19 |     |
| M - TH | 10:00AM - 11:30AM | 1/06 - 3/31  |     |
| T & TH | 7:00PM - 9:00PM   | 1/07 - 3/31  |     |

**FEE** \$2.50 with El Monte Senior ID  
\$1.00 CDBG/HUB ELIGIBLE: El Monte residents 62+  
Free with Healthways Silver Sneaker membership.

**NO CLASS** 10/31 • 11/11 • 11/25-11/28 • 12/20-1/5

**DISCOUNT PASS** 15 visits for \$30

**LOCATION** Aquatic Center

## WATER FACTS

- 68.7% of the fresh water on Earth is trapped in glaciers.
- About 6,800 gallons of water is required to grow a day's food for a family of four.
- 1.7% of the world's water is frozen and therefore unusable.
- 30% of fresh water is in the ground.
- A jellyfish and a cucumber are each 95% water.
- The freezing point of water lowers as the amount of salt dissolved in it increases. With average levels of salt, seawater freezes at -2 °C (28.4 °F).

## COMMUNITY CPR/ FIRST AID & AED

Learn how to recognize and respond appropriately to cardiac, breathing and first aid emergencies. The American Red Cross First Aid/CPR/AED courses teach the knowledge and skills needed to give immediate care to an injured or ill person and to decide whether advanced medical care is needed.

| DAY | TIME            | DATE  | FEE  |
|-----|-----------------|-------|------|
| SAT | 8:00AM - 1:00PM | 10/12 | \$40 |
| SAT | 8:00AM - 1:00PM | 11/9  | \$40 |
| SAT | 8:00AM - 1:00PM | 12/14 | \$40 |
| SAT | 8:00AM - 1:00PM | 1/11  | \$40 |
| SAT | 8:00AM - 1:00PM | 2/8   | \$40 |
| SAT | 8:00AM - 1:00PM | 3/14  | \$40 |

**AGE REQUIREMENT** 14+

**LOCATION** Aquatic Center

## WATER FITNESS & EXERCISE

This program offers a total body workout that consists of cardio and strength training while minimizing the impact on joints and muscles. Exercises include Aqua Fat Burner, Aqua Kickboxing, Aqua Zumba and more. Programs are modified for all fitness levels. Water equipment is provided.

| DAY   | TIME            | DATE         | FEE    |
|-------|-----------------|--------------|--------|
| M & W | 7:15PM - 8:15PM | 9/10 - 12/18 | \$5.00 |
| M & W | 7:15PM - 8:15PM | 1/06 - 3/30  |        |

**AGE REQUIREMENT** 14+

**NO CLASS** 10/31 • 11/11 • 11/25-11/28 • 12/20-1/5

**DISCOUNT PASS** 10 visits: \$45  
15 visits: \$60  
25 visits: \$100

**INSTRUCTOR** Felicia Perez or Sub

**LOCATION** Aquatic Center

## LAP SWIM

Tone your muscles and improve your cardiovascular fitness by participating in one of the best exercises available.

| DAY    | TIME             | DATE         | FEE    |
|--------|------------------|--------------|--------|
| M - TH | 11:30AM - 1:00PM | 9/09 - 12/19 | \$3.50 |
| M & W  | 7:30PM - 9:00PM  | 9/09 - 12/18 |        |
| T & TH | 7:00PM - 9:00PM  | 9/10 - 12/19 |        |
| M - TH | 11:30AM - 1:00PM | 1/06 - 3/31  |        |
| M & W  | 7:30AM - 9:00PM  | 1/06 - 3/30  |        |
| T & TH | 7:00PM - 9:00PM  | 1/07 - 3/31  |        |
| SAT    | 9:00AM - 1:00PM  | 9/07 - 12/14 |        |
| SAT    | 9:00AM - 1:00PM  | 1/11 - 3/28  |        |

**AGE REQUIREMENT** 14+

**NO CLASS** 10/26 • 10/31 • 11/11 • 11/25-11/28  
• 11/30 • 12/20-1/5

**DISCOUNT PASS** 20 visits: \$55

**LOCATION** Aquatic Center

## WATER SAFETY INSTRUCTOR COURSE

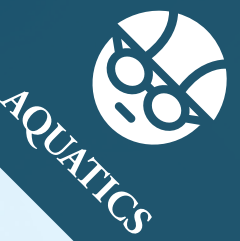
The purpose of this instructor course is to train participants to teach the American Red Cross learn-to-swim program. This course is in a blended learning format and participants will be required to complete online work prior to the first day of class. A prerequisite swim is required prior to registration.

| DAY      | TIME   | DATE                           |
|----------|--------|--------------------------------|
| T/TH/SAT | Varies | 11/5, 11/7, 11/9, 11/12, 11/14 |
| T/TH/SAT | Varies | 3/3, 3/5, 3/7, 3/10, 3/12      |
| T/TH/SAT | Varies | 3/31, 4/2, 4/4, 4/7, 4/9       |

**FEE** \$225

**AGE REQUIREMENT** 18+

**LOCATION** Aquatic Center



## FALL 2019: SESSIONS AND REGISTRATION DATES

| SESSION 1   |             | SESSION 2  |               | SESSION 3  |               |
|---|-------------|--|---------------|--|---------------|
| DAY   | DATE        | DATE   | DATE          | DATE   | DATE          |
| M & W   | 9/09 - 10/2 | 10/07 - 10/30  | 10/07 - 10/30 | 11/13 - 12/16  | 11/13 - 12/16 |
| T & TH  | 9/10 - 10/3 | 10/08 - 11/05  | 10/08 - 11/05 | 11/12 - 12/12  | 11/12 - 12/12 |
|   |             | * NO CLASS 10/31   |               | * NO CLASS 11/25-11/30                                     |               |
| REGISTER  |             | REGISTER   |               | REGISTER   |               |
| ONLINE RESIDENT 8/26<br>ONLINE OPEN 8/29<br>WALK-IN 9/3 |             | ONLINE RESIDENT 9/23<br>ONLINE OPEN 9/26<br>WALK-IN 9/30 |               | ONLINE RESIDENT 10/28<br>ONLINE OPEN 10/31<br>WALK-IN 11/4 |               |

Session dates apply to all programs listed in [Aquatics Learn-to-Swim Lessons](#)

## FALL 2019: SATURDAY SESSIONS AND REGISTRATION DATES

| SESSION 1   |             | SESSION 2  |              | SESSION 3   |               |
|---|-------------|--|--------------|---|---------------|
| DAY   | DATE        | DATE   | DATE         | DATE  | DATE          |
| SAT   | 9/07 - 9/28 | 10/5 - 10/26   | 10/5 - 10/26 | 11/09 - 12/07   | 11/09 - 12/07 |
|   |             |  |              | * NO CLASS 11/30  |               |
| REGISTER  |             | REGISTER   |              | REGISTER  |               |
| ONLINE RESIDENT 8/26<br>ONLINE OPEN 8/29<br>WALK-IN 9/3 |             | ONLINE RESIDENT 9/21<br>ONLINE OPEN 9/21<br>WALK-IN 9/21 |              | ONLINE RESIDENT 10/19<br>ONLINE OPEN 10/19<br>WALK-IN 10/19 |               |

Session dates apply to all programs listed in [Aquatics Learn-to-Swim Lessons](#)

## WINTER 2020: SESSIONS AND REGISTRATION DATES

| SESSION 1   |             | SESSION 2  |             | SESSION 3  |             |
|---|-------------|--|-------------|--|-------------|
| DAY   | DATE        | DATE   | DATE        | DATE   | DATE        |
| M & W   | 1/13 - 2/05 | 2/10 - 3/09  | 2/10 - 3/09 | 3/16 - 4/08  | 3/16 - 4/08 |
| T & TH  | 1/14 - 2/06 | 2/11 - 3/05  | 2/11 - 3/05 | 3/17 - 4/09  | 3/17 - 4/09 |
|   |             | * NO CLASS 1/20  |             | * NO CLASS 2/17  |             |
| REGISTER  |             | REGISTER   |             | REGISTER   |             |
| ONLINE RESIDENT 12/23<br>ONLINE OPEN 12/26<br>WALK-IN |             | ONLINE RESIDENT 1/20<br>ONLINE OPEN 1/23<br>WALK-IN 1/27 |             | ONLINE RESIDENT 2/17<br>ONLINE OPEN 2/20<br>WALK-IN 2/24 |             |

Session dates apply to all programs listed in [Aquatics Learn-to-Swim Lessons](#)

## WINTER 2020: SATURDAY SESSIONS AND REGISTRATION DATES

| SESSION 1   |             | SESSION 2  |             | SESSION 3  |             |
|---|-------------|--|-------------|--|-------------|
| DAY   | DATE        | DATE   | DATE        | DATE   | DATE        |
| SAT   | 1/11 - 2/01 | 2/08 - 2/29  | 2/08 - 2/29 | 3/07 - 3/28  | 3/07 - 3/28 |
| REGISTER  |             | REGISTER   |             | REGISTER   |             |
| ONLINE RESIDENT 1/2<br>ONLINE OPEN 1/6<br>WALK-IN 1/6 |             | ONLINE RESIDENT 1/25<br>ONLINE OPEN 1/27<br>WALK-IN 1/27 |             | ONLINE RESIDENT 2/22<br>ONLINE OPEN 2/24<br>WALK-IN 2/24 |             |

Session dates apply to all programs listed in [Aquatics Learn-to-Swim Lessons](#)

## LESSON PROGRAM POLICIES

- The El Monte Aquatics Center reserves the right to cancel any class that doesn't meet the minimum required enrollment.
- Pool Closure: On occasion the pool may be subject to closures due to unexpected incidents, harsh weather or facility rentals.
- All students **MUST** show a registration card to enter the facility. A \$5 fee will be assessed for a replacement card.
- Account credits, exchanges or make-ups will only be offered in the event of a medical emergency with proper medical documentation.
- All other considerations must be approved and granted by the Aquatics Supervisor with a 50% service charge for account credits and a \$10 service charge for exchanges.
- Classes will stop admitting students 15 minutes after class has begun.
- Proper swimming attire must be worn.
- The El Monte Aquatic Center has a structured lesson program which complies with the American Red Cross guidelines.
- All Classes are subject to change with prior notice.

## PRIVATE LESSONS

Participants will improve fundamental aquatic skills and the six basic swimming strokes through private lessons.

| DAY  | TIME              | FEE   |
|------|-------------------|-------|
| M/W  | 4:00PM - 4:25PM   | \$280 |
| M/W  | 7:00PM - 7:25PM   | \$280 |
| T/TH | 4:00PM - 4:25PM   | \$280 |
| T/TH | 7:00PM - 7:25PM   | \$280 |
| SAT  | 9:00AM - 9:25AM   | \$140 |
| SAT  | 9:30AM - 9:55AM   | \$140 |
| SAT  | 12:00PM - 12:25PM | \$140 |

**AGE REQUIREMENT** 4+

**LOCATION** Aquatic Center

## SWIM LESSONS

### BEGINNING SWIM

Water adjustment and introduction to basic swimming techniques.

| DAY   | TIME              | FEE  |
|-------|-------------------|------|
| M & W | 11:30AM - 11:55AM | \$50 |
| M/W   | 4:30PM - 4:55PM   | \$50 |
| M/W   | 5:00PM - 5:25PM   | \$50 |
| M/W   | 5:30PM - 5:55PM   | \$50 |
| M/W   | 6:00PM - 6:25PM   | \$50 |
| T/TH  | 4:30PM - 4:55PM   | \$50 |
| T/TH  | 5:00PM - 5:25PM   | \$50 |
| T/TH  | 5:30PM - 5:55PM   | \$50 |
| T/TH  | 6:00PM - 6:25PM   | \$50 |
| SAT   | 9:00AM - 9:25AM   | \$25 |
| SAT   | 9:30AM - 9:55AM   | \$25 |
| SAT   | 10:00AM - 10:25AM | \$25 |
| SAT   | 10:30AM - 10:55AM | \$25 |

**AGE REQUIREMENT** 6+

**NO CLASS**

**NOTE** Four levels: A, B, C, D.

### INTERMEDIATE/ADVANCED SWIM

Participants will learn advanced strokes, diving, competitive swimming skills, and stroke refinement.

| DAY  | TIME              | FEE  |
|------|-------------------|------|
| M/W  | 5:00PM - 5:25PM   | \$50 |
| M/W  | 6:30PM - 6:55PM   | \$50 |
| T/TH | 5:00PM - 5:25PM   | \$50 |
| T/TH | 6:30PM - 6:55PM   | \$50 |
| SAT  | 11:00AM - 11:25AM | \$25 |
| SAT  | 11:30AM - 11:55AM | \$25 |

**AGE REQUIREMENT** 6+

**NOTE** Must complete beginning swim & paddler card must state I/A level in order to register. This class consists of three levels: E, F and G.

**LOCATION** Aquatic Center

## PRE-SCHOOL SWIM LESSONS

### PRE-SCHOOL BEGINNERS

Children will become familiar with the aquatic environment and learn fundamental aquatic skills.

| DAY   | TIME              | FEE  |
|-------|-------------------|------|
| M & W | 11:30AM - 11:55AM | \$50 |
| M/W   | 4:30PM - 4:55PM   | \$50 |
| M/W   | 5:30PM - 5:55PM   | \$50 |
| T/TH  | 4:30PM - 4:55PM   | \$50 |
| T/TH  | 5:30PM - 5:55PM   | \$50 |
| SAT   | 11:00AM - 11:25AM | \$25 |
| SAT   | 11:30AM - 11:55AM | \$25 |

**AGE REQUIREMENT** 4 - 5

### PRE-SCHOOL INTERMEDIATE/ADVANCED

Swimmers will increase proficiency and build on the basic aquatic skills learned in Pre-School Beginners.

| DAY  | TIME              | FEE  |
|------|-------------------|------|
| M/W  | 5:00PM - 5:25PM   | \$50 |
| M/W  | 6:30PM - 6:55PM   | \$50 |
| T/TH | 5:00PM - 5:25PM   | \$50 |
| T/TH | 6:30PM - 6:55PM   | \$50 |
| SAT  | 11:00AM - 11:25AM | \$25 |
| SAT  | 11:30AM - 11:55AM | \$25 |

**AGE REQUIREMENT** 4 - 5

**NOTE** Must complete pre-school beginners & bring paddlers card to register.

**LOCATION** Aquatic Center

## ADULT/TEEN SWIM

Participants will improve fundamental aquatic skills and the six basic swimming strokes.

| DAY  | TIME              | FEE  |
|------|-------------------|------|
| M/W  | 6:30PM - 6:55PM   | \$50 |
| T/TH | 6:30PM - 6:55PM   | \$50 |
| SAT  | 11:30AM - 11:55AM | \$25 |

**AGE REQUIREMENT** 14+

**LOCATION** Aquatic Center

## Movie Fact

### ONE OF THE ORIGINAL WILSON BALLS MADE A LOT OF MONEY AT AN AUCTION.

In January 2001, one of the three original Wilson volleyballs featured in the film was sold on an online auction. According to the Los Angeles Times, it sold for \$18,400. But for a much cheaper \$19.99, you can buy a replica ball on Wilson Sporting Goods' website.

# LEISURE

**Address:**  
El Monte Aquatic Center (2<sup>nd</sup> Floor)  
11001 Mildred Street  
El Monte, CA 91731

**Office Hours:**  
Monday - Thursday  
9:00AM - 5:30PM

**Contact Information:**  
Phone: (626) 258-8634

## Leisure Class Policies

Register online at: [apm.activecommunities.com/elmonteparksandrec/Home](http://apm.activecommunities.com/elmonteparksandrec/Home)

- All classes are subject to change and cancellation.
- All fees, times and dates of all programs are subject to change.
- Classes will be cancelled or combined if they do not have a minimum amount of registered participants.
- Pre-registration is required.
- Account credits or exchanges will only be allowed in the event of a medical emergency with proper medical documentation.
- Limited sign-ups. Sorry, no refunds.

Please contact the Facilities, Special Programs and Events Division at (626) 258-8634; Monday – Thursday 9 am – 5:30 pm.

## EDUCATIONAL

### SIGN, SAY & PLAY

Join the Sign, Say, & Play class where infants can learn and use simple hand gestures, or sign language, to communicate what they need. Help bridge the gap of communication for you and your young ones. Using sign allows your child to express him or herself with gestures before he or she is able to speak with words.

| DAY | TIME            | DATE          | FEE  |
|-----|-----------------|---------------|------|
| M   | 9:00AM - 9:45AM | 10/14 - 11/25 | \$60 |
| M   | 9:00AM - 9:45AM | 1/6 - 2/24    | \$60 |
| M   | 9:00AM - 9:45AM | 3/2 - 4/6     | \$60 |

**AGE REQUIREMENT** 1 - 3

**NO CLASS** 11/11 • 1/20 • 2/17

**INSTRUCTOR** Monique Soderstrom

**LOCATION** Aquatic Center - Room B

### RUMBLE, TUMBLE, TUMMY TIME

The goal of the Rumble Tumble Tummy Time class is to bring parents and babies together with other families to learn ways to make tummy time fun for babies and easier for parents. Using engaging song and activities, parents will not only enjoy the classes, but will also get lots of ideas for extending the experience at home.

| DAY | TIME              | DATE         | FEE  |
|-----|-------------------|--------------|------|
| M   | 10:00AM - 10:45AM | 10/7 - 10/28 | \$50 |
| M   | 10:00AM - 10:45AM | 11/4 - 12/2  | \$50 |
| M   | 10:00AM - 10:45AM | 1/6 - 2/3    | \$50 |
| M   | 10:00AM - 10:45AM | 2/10 - 3/9   | \$50 |
| M   | 10:00AM - 10:45AM | 3/16 - 4/6   | \$50 |

**AGE REQUIREMENT** 2 - 6 Months

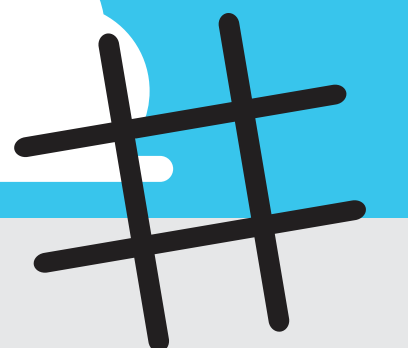
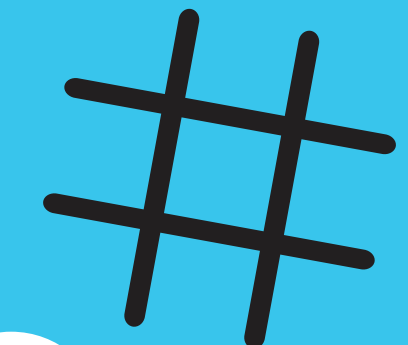
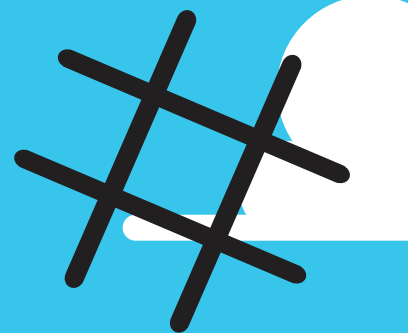
**NO CLASS** 11/11 • 1/20 • 2/17

**INSTRUCTOR** Monique Soderstrom

**LOCATION** Aquatic Center - Room B

# TINY TOTS

Challenge a good friend to a game of tic tac toe.



### TINY TOTS

This enrichment program will prepare children for kindergarten by focusing on introducing shapes, colors, numbers, and the alphabet. It is a great opportunity for children to learn how to socialize and share.

#### FALL SESSION 1

| DAY    | TIME             | DATE         | FEE   |
|--------|------------------|--------------|-------|
| M - TH | 8:30AM - 11:00AM | 8/19 - 10/10 | \$190 |
| M & W  | 8:30AM - 11:00AM | 8/19 - 10/9  | \$100 |
| T & TH | 8:30AM - 11:00AM | 8/20 - 10/10 | \$100 |

#### FALL SESSION 2

| DAY    | TIME             | DATE         | FEE   |
|--------|------------------|--------------|-------|
| M - TH | 12:00PM - 2:30PM | 8/19 - 10/10 | \$190 |
| M & W  | 12:00PM - 2:30PM | 8/19 - 10/9  | \$100 |
| T & TH | 12:00PM - 2:30PM | 8/20 - 10/10 | \$100 |

#### WINTER SESSION 1 - 2019

| DAY    | TIME             | DATE          | FEE   |
|--------|------------------|---------------|-------|
| M - TH | 8:30AM - 11:00AM | 10/21 - 12/19 | \$190 |
| M & W  | 8:30AM - 11:00AM | 10/21 - 12/18 | \$100 |
| T & TH | 8:30AM - 11:00AM | 10/22 - 12/19 | \$100 |

#### WINTER SESSION 2 - 2019

| DAY    | TIME             | DATES         | FEE   |
|--------|------------------|---------------|-------|
| M - TH | 12:00PM - 2:30PM | 10/21 - 12/19 | \$190 |
| M & W  | 12:00PM - 2:30PM | 10/21 - 12/18 | \$100 |
| T & TH | 12:00PM - 2:30PM | 10/22 - 12/19 | \$100 |

**AGE REQUIREMENT** 3 - 5

**NO CLASS** 11/11 • 11/25 • 11/26 • 11/27 • 11/28

**INSTRUCTOR** Florence Salmon

**LOCATION** Lambert Park

### TINY TOTS

This enrichment program will prepare children for kindergarten by focusing on introducing shapes, colors, numbers, and the alphabet. It is a great opportunity for children to learn how to socialize and share.

#### WINTER SESSION 1 - 2020

| DAY    | TIME             | DATE       | FEE   |
|--------|------------------|------------|-------|
| M - TH | 8:30AM - 11:00AM | 1/6 - 2/27 | \$190 |
| M & W  | 8:30AM - 11:00AM | 1/6 - 2/26 | \$100 |
| T & TH | 8:30AM - 11:00AM | 1/7 - 2/27 | \$100 |

#### WINTER SESSION 2 - 2020

| DAY    | TIME             | DATE       | FEE   |
|--------|------------------|------------|-------|
| M - TH | 12:00PM - 2:30PM | 1/6 - 2/27 | \$190 |
| M & W  | 12:00PM - 2:30PM | 1/6 - 2/26 | \$100 |
| T & TH | 12:00PM - 2:30PM | 1/7 - 2/27 | \$100 |

#### SPRING SESSION 1

| DAY    | TIME             | DATE       | FEE   |
|--------|------------------|------------|-------|
| M - TH | 8:30AM - 11:00AM | 3/9 - 5/7  | \$190 |
| M & W  | 8:30AM - 11:00AM | 3/9 - 5/6  | \$100 |
| T & TH | 8:30AM - 11:00AM | 3/10 - 5/7 | \$100 |

#### SPRING SESSION 2

| DAY    | TIME             | DATES      | FEE   |
|--------|------------------|------------|-------|
| M - TH | 12:00PM - 2:30PM | 3/9 - 5/7  | \$190 |
| M & W  | 12:00PM - 2:30PM | 3/9 - 5/6  | \$100 |
| T & TH | 12:00PM - 2:30PM | 3/10 - 5/7 | \$100 |

**AGE REQUIREMENT** 3 - 5

**NO CLASS** 1/20 • 2/17 • 4/13 • 4/16

**INSTRUCTOR** Florence Salmon

**LOCATION** Lambert Park

**INTRODUCTION TO TYPING**

Develop your child's basic typing skills and prepare them for many years of future usage. Supplemental exercises and typing games will be introduced to make learning fun as your child is taught a lifetime skill. Take this great opportunity to prepare your child for learning keyboarding and get a jump start in school. \$10 lab and supply fee payable to instructor at first class. Please call (626) 392-1112 for all questions.

| DAY | TIME            | DATE       | FEE   |
|-----|-----------------|------------|-------|
| T   | 3:45PM - 4:30PM | 2/4 - 3/24 | \$106 |

**AGE REQUIREMENT** 7 - 14

**INSTRUCTOR** AGI Academy

**LOCATION** Aquatic Center - Room C

**INTRODUCTION TO MICROSOFT WORD & POWERPOINT**

Introduce your child to Microsoft Word for writing reports, homework or basic communication. Hands on exercises are provided with the opportunity to make a publication and turn it into an awesome slide show presentation by using PowerPoint. Advanced users will sharpen their skills to next level of learning. \$10 lab and supply fee payable to instructor at first class. Please call (626) 392-1112 for all questions.

| DAY | TIME            | DATE       | FEE   |
|-----|-----------------|------------|-------|
| T   | 3:00PM - 3:45PM | 2/4 - 3/24 | \$106 |

**AGE REQUIREMENT** 8 - 14

**INSTRUCTOR** AGI Academy

**LOCATION** Aquatic Center - Room C

**I CAN SPEAK CHINESE WORKSHOP**

In this class students will learn to use greeting words and phrases introducing themselves in various settings at school, home, and the workplace. The goal of this class is to have students engage in verbal conversations by combining newly learned vocabularies and sentences structures.

| DAY | TIME            | DATE | FEE  |
|-----|-----------------|------|------|
| T   | 6:00PM - 7:00PM | 2/11 | \$20 |

**AGE REQUIREMENT** 7+

**INSTRUCTOR** Huan Su-Escobedo

**LOCATION** Grace T. Black Auditorium Room 11&12

**MATH WORKSHOP**

Experience a new practical approach to math problem solving and hands-on practice for 3rd -8th graders. This class teaches foundational math and time management skills, whether your student needs chapter review, assistance on a new topic for school or help preparing for tests. AGI is here to help. This program not only helps with individual for improvement, but will also help your student's manage overall success in school. \$10 supply fee payable to instructor at first class. Please call (626) 392-1112 for all questions.

| DAY | TIME            | DATE       | FEE   |
|-----|-----------------|------------|-------|
| T   | 3:45PM - 4:30PM | 2/4 - 3/24 | \$106 |

**AGE REQUIREMENT** 8 - 14

**INSTRUCTOR** AGI Academy

**LOCATION** Aquatic Center - Room B

**CRITICAL READING AND WRITTEN EXPRESSION**

This course helps students strengthen their critical reading and writing skills, both of which are essential analytical skills for academic success. It involves students identifying information and ideas, as well as to bring outside knowledge, biases and values in order to properly analyze a given text. Students will learn how to enhance their reading comprehension skills while identifying important information, assumptions, values, and language use. Learn strategies and tools used in written expression and mechanism. \$10 lab and supply fee payable to instructor at first class. Please call (626) 392-1112 for all questions.

| DAY | TIME            | DATE       | FEE   |
|-----|-----------------|------------|-------|
| T   | 3:00PM - 3:45PM | 2/4 - 3/24 | \$106 |

**AGE REQUIREMENT** 7 - 13

**INSTRUCTOR** AGI Academy

**LOCATION** Aquatic Center - Room B

**MOBILE FILMMAKING WORKSHOP**

The mobile filmmaking workshop is a four-day workshop that focuses on documenting El Monte through the eyes of its young residents. This workshop will serve as a way of preserving city history. The goal of this workshop is to teach students the basics of narrative filmmaking while empowering them to tell their stories through media. While creative industries are becoming more reflective of the world we live in, there is room to grow, through the introduction to storytelling.

| DAY | TIME             | DATE       | FEE  |
|-----|------------------|------------|------|
| SAT | 12:30PM - 3:30PM | 1/4 - 1/25 | Free |

**AGE REQUIREMENT** 14-18

**INSTRUCTOR** Cassandra Gonzales

**LOCATION** Aquatic Center - Room A

**Dots and Boxes**

Challenge a friend and complete the most boxes.

# The Leisure Classes



**Movie Fact**

**The Breakfast Club Wasn't the Only Possible Title.**

Before Hughes settled on The Breakfast Club, other titles bandied about were "Library Revolution" and "Lunch Bunch." "Library Revolution" seems like a hard sell for the teen crowd and "Lunch Bunch" sounds like some kind of Brady Bunch prequel. Plus, the embarrassment of saying "I love the Lunch Bunch" would have kept a lot of fans silent.

**PRINCE & PRINCESS BALLET** 📍📅

Attention all Prince and Princesses! In this class, participants will build fundamental ballet techniques such as body awareness, flexibility and strength.

| DAY | TIME              | DATE         | FEE  |
|-----|-------------------|--------------|------|
| M   | 10:00AM - 10:45AM | 9/9 - 9/30   | \$25 |
| M   | 10:00AM - 10:45AM | 10/7 - 10/28 | \$25 |
| M   | 10:00AM - 10:45AM | 11/4 - 11/25 | \$25 |
| M   | 10:00AM - 10:45AM | 1/6 - 1/27   | \$25 |
| M   | 10:00AM - 10:45AM | 2/3 - 2/24   | \$25 |
| M   | 10:00AM - 10:45AM | 3/2 - 3/30   | \$25 |

**AGE REQUIREMENT** 3 - 4  
**NO CLASS** 11/11 - 1/20 - 2/17  
**INSTRUCTOR** Jessica Servin  
**LOCATION** Grace T. Black Auditorium

**HIP HOP** 📍📅

The hip hop class will encourage dancers to build body strength, improve coordination and enjoy hip hop music. Students must wear comfortable clothing and sneakers.

| DAY | TIME            | DATE    | FEE            |
|-----|-----------------|---------|----------------|
| T   | 4:00PM - 4:45PM | Monthly | \$25 per MONTH |

**AGE REQUIREMENT** 5 - 17  
**INSTRUCTOR** Jazmin Benavides  
**LOCATION** Grace T. Black Auditorium

**SALSA (BEGINNER)** 📍📅

Learn the basics of this fun and energetic dance. Students will learn to perform right turns, left turns, and special leading and following techniques, making it safe and fun for you and your dance partner! Regular shoes or Jazz shoes recommended, but not required.

| DAY | TIME            | DATE         | FEE  |
|-----|-----------------|--------------|------|
| M   | 6:15PM - 7:15PM | 10/7 - 10/28 | \$20 |
| M   | 6:15PM - 7:15PM | 11/4 - 12/2  | \$20 |
| M   | 6:15PM - 7:15PM | 1/6 - 2/3    | \$20 |
| M   | 6:15PM - 7:15PM | 2/10 - 3/2   | \$20 |
| M   | 6:15PM - 7:15PM | 3/9 - 3/30   | \$20 |

**NO CLASS** 11/11 - 1/20 - 2/17  
**AGE REQUIREMENT** 15+  
**INSTRUCTOR** Jorge Banda  
**LOCATION** Grace T. Black Auditorium

**SALSA (INTERMEDIATE)** 📍📅

After reviewing the basics in Salsa Dancing, students will learn to improve their dance technique by adding rhythm and flavor to your dancing. Shine on the dance floor with new footwork patterns, new dance turns, dips, and a few tricks! Regular shoes or Jazz shoes recommended, but not required.

| DAY | TIME            | DATE         | FEE  |
|-----|-----------------|--------------|------|
| M   | 7:30PM - 8:30PM | 10/7 - 10/28 | \$20 |
| M   | 7:30PM - 8:30PM | 11/4 - 12/2  | \$20 |
| M   | 7:30PM - 8:30PM | 1/6 - 2/3    | \$20 |
| M   | 7:30PM - 8:30PM | 2/10 - 3/2   | \$20 |
| M   | 7:30PM - 8:30PM | 3/9 - 3/30   | \$20 |

**NO CLASS** 11/11 - 1/20 - 2/17  
**AGE REQUIREMENT** 15+  
**INSTRUCTOR** Jorge Banda  
**LOCATION** Grace T. Black Auditorium

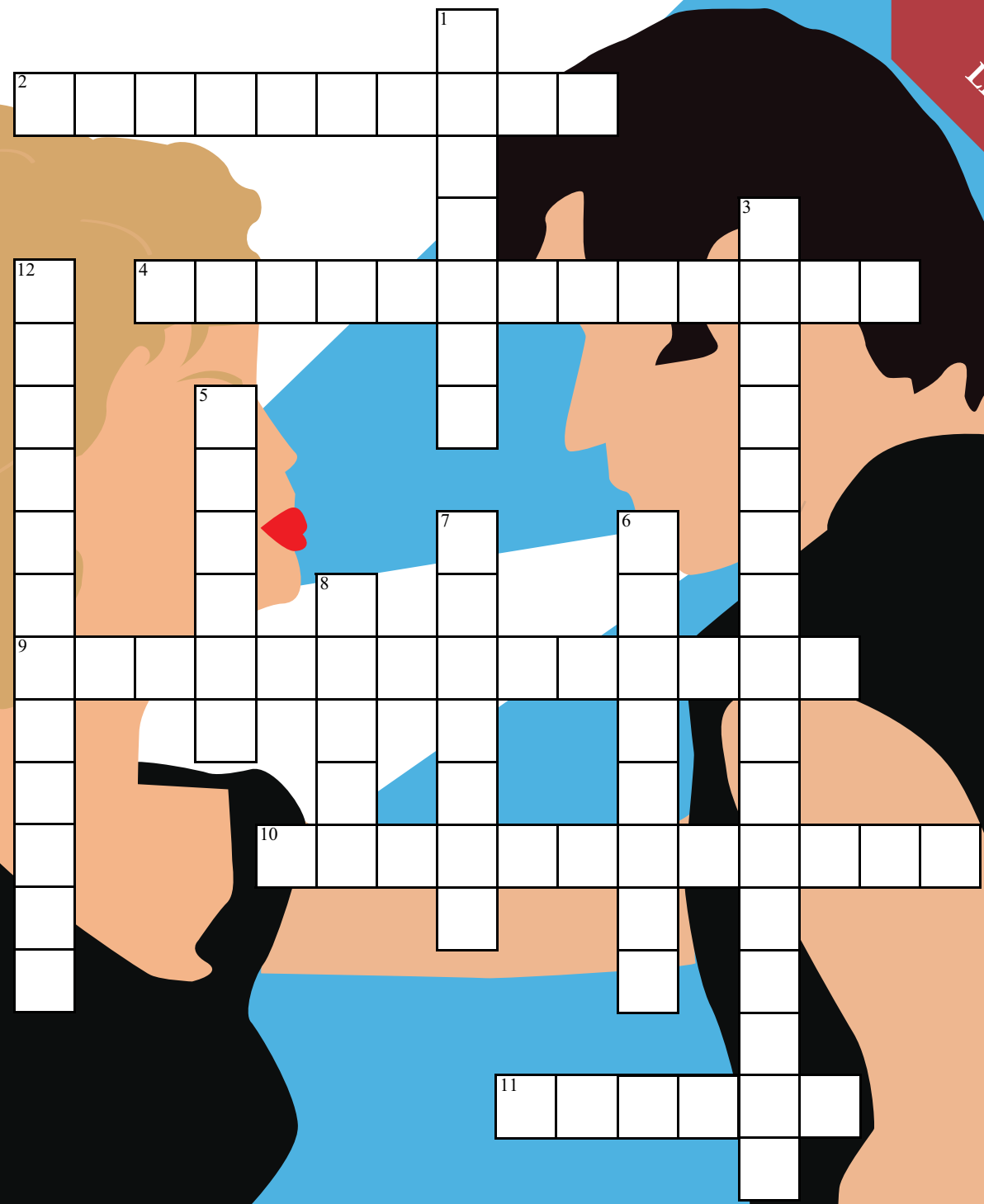
**TIPPY TOE BALLET** 📍📅

In this class, participants will build fundamental ballet techniques such as body awareness, flexibility, and strength.

| DAY | TIME            | DATE         | FEE  |
|-----|-----------------|--------------|------|
| M   | 5:00PM - 5:45PM | 10/7 - 10/28 | \$25 |
| M   | 5:00PM - 5:45PM | 11/4 - 11/25 | \$25 |
| M   | 5:00PM - 5:45PM | 1/6 - 1/27   | \$25 |
| M   | 5:00PM - 5:45PM | 2/3 - 2/24   | \$25 |
| M   | 5:00PM - 5:45PM | 3/2 - 3/30   | \$25 |

**NO CLASS** 11/11 - 1/20 - 2/17  
**AGE REQUIREMENT** 5-6  
**INSTRUCTOR** Jessica Servin  
**LOCATION** Grace T. Black Auditorium

**DANCE**



**ANSWERS:** 1. Fifties, 2. Pink Ladies, 3. Olivia Newton John, 4. Frankie Avalon, 5. Eugene, 6. Drag Race, 7. Shanana, 8. Rizzo, 9. Principal Magee, 10. John Travolta, 11. Cha Cha, 12. Frosty Palace

**Across**

2. What was the name of the girl clique?
4. Who sings beauty school drop-out?
9. Who did Eve Arden play?
10. Who was the main actor in the movie?
11. Who is the best dancer at St. Bernadette's?

**Down**

1. What era did Grease take place in?
3. Who was the main actress in the movie?
5. What was the name of the geek?
6. What kind of race do they have in the movie?
7. What famous group sings at the prom?
8. What character does Stockard Channing play?
12. What is the name of the diner?

# The Fitness Classes



## GYMNASTICS

This gymnastics class follows the United States Gymnastics Federation floor level exercise, beam, vault and power incline trampoline. Various levels are taught simultaneously throughout the course. Monthly session includes 7 classes.

### 1 HOUR SESSION

| DAY   | TIME            | DATE         | FEE  |
|-------|-----------------|--------------|------|
| M & W | 5:00PM - 6:00PM | 9/4 - 9/25   | \$50 |
| M & W | 5:00PM - 6:00PM | 10/2 - 10/23 | \$50 |
| M & W | 5:00PM - 6:00PM | 11/4 - 11/25 | \$50 |
| M & W | 5:00PM - 6:00PM | 12/2 - 12/18 | \$50 |
| M & W | 5:00PM - 6:00PM | 1/6 - 1/29   | \$50 |
| M & W | 5:00PM - 6:00PM | 2/3 - 2/26   | \$50 |
| M & W | 5:00PM - 6:00PM | 3/2 - 3/23   | \$50 |

### 2 HOUR SESSION

| DAY   | TIME            | DATE         | FEE  |
|-------|-----------------|--------------|------|
| M & W | 4:00PM - 6:00PM | 9/4 - 9/25   | \$65 |
| M & W | 4:00PM - 6:00PM | 10/2 - 10/23 | \$65 |
| M & W | 4:00PM - 6:00PM | 11/4 - 11/25 | \$65 |
| M & W | 4:00PM - 6:00PM | 12/2 - 12/18 | \$65 |
| M & W | 4:00PM - 6:00PM | 1/6 - 1/29   | \$65 |
| M & W | 4:00PM - 6:00PM | 2/3 - 2/26   | \$65 |
| M & W | 4:00PM - 6:00PM | 3/2 - 3/23   | \$65 |

**NO CLASS** 11/11 • 11/27 • 1/20 • 2/17

**AGE REQUIREMENT** 5 - 18

**INSTRUCTOR** Felicia Perez or Instructor

**LOCATION** Lambert Park

## GROUP FITNESS & EXERCISE

This program offers a variety of aerobic formats including Fat Burner, Step, Kick-boxing, Zumba, Pilates and Yoga. Total body workouts are driven by upbeat music, foot stomping movements and weights. All formats are modified for all fitness levels.

| DAY   | TIME            | DATE        | FEE |
|-------|-----------------|-------------|-----|
| M & W | 6:00PM - 7:00PM | 9/4 - 12/18 | \$5 |
| M & W | 6:00PM - 7:00PM | 1/6 - 5/27  | \$5 |

**NO CLASS** 11/11 • 11/25 • 11/27 • 1/20 • 2/17 • 5/25

**NOTE** Discount pass - 10 visits \$45, 15 Visits \$60, 25 visits \$100

**AGE REQUIREMENT** 14+

**INSTRUCTOR** Felicia Perez or Instructor

**LOCATION** Aquatic Center - Room A

## PRINCIPLES OF MIND/BODY FOR OLDER ADULTS

This course provides older adults with instruction and resources for cultivating mind and body health. Guided instruction in movements to maintain and increase muscle strength, physical fitness, coordination, and balance is combined with class discussions on current topics in nutrition, healthy aging, and mental health.

### MORNING SESSION

| DAY | TIME             | DATE        | FEE  |
|-----|------------------|-------------|------|
| T   | 8:30AM - 10:00AM | 9/3 - 12/3  | Free |
| T   | 8:30AM - 10:00AM | 1/28 - 5/19 | Free |

**LOCATION** Jack Crippen Multipurpose Senior Center

**NO CLASS** 3/24

### AFTERNOON SESSION

| DAY    | TIME            | DATE        | FEE  |
|--------|-----------------|-------------|------|
| T & TH | 6:15PM - 7:15PM | 1/28 - 5/21 | Free |

**NO CLASS** 3/24 • 3/26

**NOTE** Registration taken first day of class.

**AGE REQUIREMENT** 18+

**INSTRUCTOR** Rio Hondo College

**LOCATION** Mt. View Park West Wing

## OPEN TRACK

Lace up your shoes and get moving! Arroyo High School track is open for public use on select days.

| DAY   | TIME             | DATE        | FEE  |
|-------|------------------|-------------|------|
| M & W | 6:00PM - 9:00PM  | 9/4 - 11/25 | Free |
| SAT   | 7:00AM - 10:00AM | 1/13 - 5/20 | Free |

**NOT OPEN** 11/11 • 1/20 • 2/17

**AGE REQUIREMENT** All

**NOTE** Hours subject to change.

**LOCATION** Arroyo High School Track

## DO FITNESS

Join Day One every Tuesday for a free DVD led exercise class ranging from Tai Chi to Circuit Training.

| DAY | TIME             | DATE         | FEE  |
|-----|------------------|--------------|------|
| T   | 9:00AM - 10:00AM | 10/1 - 12/17 | Free |
| T   | 9:00AM - 10:00AM | 1/7 - 5/26   | Free |

**AGE REQUIREMENT** 18+

**NOTE** Instruction led by DVD.

**INSTRUCTOR** Day One

**LOCATION** Aquatic Center - Room A

## KARATE KID Movie Facts

Charlie Sheen turned down the role of Daniel LaRusso.

Mr. Miyagi's workshop was actually a parking lot.

The "Crane Technique" is based on a stance called the crane stance that is used in several traditional Karate kata.

In real life, Pat Morita did not talk with the heavy Japanese accent that he uses in the film as Mr. Miyagi.

The famous quote "You're the Best" was originally written for another movie, Rocky III.

## SELF-DEFENSE TAEKWONDO/KARATE

Students are taught safety awareness, defense strategies and non-violent conflict resolution skills.

### NEW STUDENT(S)

| DAY | TIME            | DATE        | FEE          |
|-----|-----------------|-------------|--------------|
| T   | 5:00PM - 5:45PM | 9/3 - 11/19 | \$6 per WEEK |
| T   | 5:00PM - 5:45PM | 1/7 - 5/26  |              |

### RETURNING STUDENT(S)

| DAY | TIME            | DATE        | FEE          |
|-----|-----------------|-------------|--------------|
| T   | 5:45PM - 6:30PM | 9/3 - 11/19 | \$6 per WEEK |
| T   | 5:45PM - 6:30PM | 1/7 - 5/26  |              |

**AGE REQUIREMENT** 5+

**NOTE** Please call (213) 999-0707 for more information.

**INSTRUCTOR** Respectful Responsible Youth of America

**LOCATION** Zamora Park

## TAI CHI

Tai Chi is a great form of low impact exercise that helps improve strength, flexibility and balance. It focuses on slow movement, reduces stress and produces a calm mind while incorporating various breathing techniques.

| DAY | TIME             | DATE       | FEE  |
|-----|------------------|------------|------|
| M   | 9:00AM - 10:00AM | 2/3 - 3/30 | \$40 |

**AGE REQUIREMENT** 18+

**NO CLASS** 2/17

**INSTRUCTOR** Michelle Fanara

**LOCATION** Grace T. Black Auditorium

## PRINCIPLES FOR MIND/BODY HEALTH FOR OLDER ADULTS

This course provides older adults with instruction and resources for cultivating mind and body health. Guided instruction in active and passive yoga poses, stretching movements, and breathing exercises adapted for older adults is incorporated with introduction to the philosophy of Hatha Yoga. The course includes presentations and class discussions on current topics in nutrition, healthy aging, and safety factors.

| DAY | TIME            | DATE        | FEE  |
|-----|-----------------|-------------|------|
| W   | 8:30AM - 9:45AM | 8/21 - 12/4 | Free |
| W   | 8:30AM - 9:45AM | 1/29 - 5/20 | Free |

**NOTE** Registration taken first day of class.

**NO CLASS** 3/25

**AGE REQUIREMENT** 18+

**INSTRUCTOR** Rio Hondo College

**LOCATION** Aquatic Center - Room A

# PARKS & RECREATION



**Address:**  
Community Center  
3130 Tyler Avenue  
El Monte, CA 91731

**Contact Information:**  
Please contact your local park or call  
(626) 580-2200 • M-TH • 8:00AM - 5:30PM

## YOUTH CO-ED FLAG FOOTBALL LEAGUE

This recreation program focuses on the fundamentals of flag football. Registration fee includes a team t-shirt, practices, free shuttle transportation on game days, and awards for the championship team. This league will include playoffs and a championship game. All games will be held at Mt. View Park. Spectators are welcome!

| DAY          | TIME            | DATE         | FEE  |
|--------------|-----------------|--------------|------|
| M (Practice) | 3:30PM - 4:45PM | 9/16 - 11/05 | \$25 |
| T (Game)     | 3:30PM - 6:30PM |              |      |

**GRADE REQUIREMENT** 3<sup>rd</sup> - 6<sup>th</sup>

**NOTE** Register at your local site: Fletcher Park, Gibson Mariposa Park, Lambert Park, Mt. View Park and Zamora Park. For more information, please contact the Parks and Recreation Division at (626) 258-8677.

**GAME LOCATION** Mt. View Park

## PEE WEE CO-ED FLAG FOOTBALL SESSIONS

This non-competitive developmental program establishes the fundamentals necessary to play the sport. Participants will go through a series of progressive sessions that will teach them skills such as throwing, catching, technique, and age-appropriate offense and defense. Sessions will conclude with a one-day tournament to be held at Mt. View Park on Monday, October 28, 2019. Spectators are welcome!

| DAY | TIME            | DATE         | FEE  |
|-----|-----------------|--------------|------|
| M   | 5:00PM - 5:50PM | 9/16 - 10/28 | \$25 |

**GRADE REQUIREMENT** K - 2<sup>nd</sup>

**NOTE** Registration begins August at your local park. Tournament details to follow. For more information, please contact the Parks and Recreation Division at (626) 258-8677.

**LOCATION** Lambert Park and Mt. View Parks

## PEE WEE CHEERLEADERS

This program is designed to teach young athletes the fundamental skills and techniques in cheerleading and provide participants the opportunity to learn important life skills such as leadership, teamwork, and responsibility. It also focuses on building self-confidence and supports children's social, emotional and physical development. Cheerleaders take part in a variety of fun and engaging activities, trips, and events throughout the cheerleading season.

| DAY    | TIME   | DATE                  |
|--------|--------|-----------------------|
| Varies | Varies | 9/05/2019 - 6/30/2020 |

**FEE** \$185

**GRADE REQUIREMENT** 2<sup>nd</sup> - 5<sup>th</sup>

**NOTE** Registration begins in September at your local park.

**LOCATION** Gibson Mariposa, Lambert, Mt. View, and Zamora Parks

## PEE WEE CO-ED BASKETBALL SESSIONS

This non-competitive developmental program establishes the fundamentals necessary to play the sport. Participants will go through a series of progressive sessions that will teach them skills such as: dribbling, passing, shooting, and age appropriate offense and defense. Sessions will conclude with a one-day tournament to be held at Lambert Park on March 9, 2020. Spectators are welcome!

| DAY | TIME            | DATE        | FEE  |
|-----|-----------------|-------------|------|
| M   | 5:00PM - 5:50PM | 1/27 - 3/09 | \$25 |

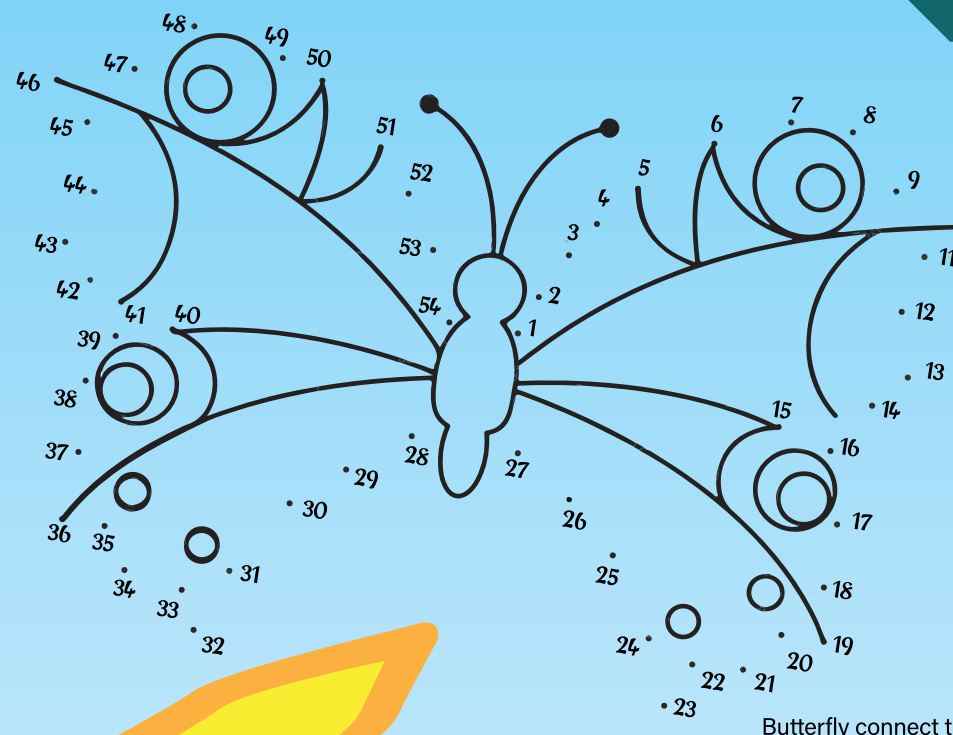
**AGE REQUIREMENT** K-2<sup>nd</sup>

**NOTE** Registration begins December at your local park. Tournament details to follow. For more information, please contact the Parks and Recreation Division at (626) 258-8677.

**LOCATION** Lambert Park and Mt. View Parks

## Butterfly Facts

1. Butterflies are insects.
2. Butterflies attach their eggs to leaves with a special glue.
3. Most caterpillars are plant eaters (herbivores).
4. Most butterflies feed on nectar from flowers.
5. Butterflies have taste receptors on their feet.



## YOUTH CO-ED BASKETBALL LEAGUE

This recreation program focuses on the fundamentals of basketball. Registration fee includes a team t-shirt, practices, free shuttle transportation on game days, and awards for the championship team. This league will include playoffs and a championship game. All games will be held at Lambert Park. Spectators are welcome!

| DAY          | TIME            | DATE        | FEE  |
|--------------|-----------------|-------------|------|
| M (Practice) | 3:30PM - 4:45PM | 1/27 - 3/17 | \$25 |
| T (Game)     | 3:30PM - 6:30PM |             |      |

**GRADE REQUIREMENT** 3<sup>rd</sup> - 6<sup>th</sup>

**NOTE** Register at your local site: Fletcher Park, Gibson Mariposa Park, Lambert Park, Mt. View Park and Zamora Park. For more information, please contact the Parks and Recreation Division at (626) 258-8677.

**GAME LOCATION** Bernie Boomer Gymnasium at Lambert Park

## JR. RECREATION LEADER VOLUNTEER PROGRAM

This program provides mentorship and leadership training to El Monte teens, who are interested in giving back to the community and enhancing the work experience. Participants will gain exposure to leadership, teamwork and decision making. This program also offers community service credit.

| DAY                  | TIME            | DATE                  |
|----------------------|-----------------|-----------------------|
| W (3 <sup>RD</sup> ) | 6:00PM - 8:00PM | 9/18/2019 - 8/31/2020 |

**FEE** \$50

**GRADE REQUIREMENT** 7<sup>th</sup> - 12<sup>th</sup>

**NOTE** Participants will be required to complete a minimum of 15 hours per month including the monthly meeting held every 3<sup>rd</sup> Wednesday of the month. Meeting day is subject to change. Registration for the Fall session will begin August of 2019. For more information regarding this program, please contact Veronica Meza at (626) 580-2240.

**LOCATION** Meetings will be held at the El Monte Community Center or at our city parks

## ADULT BASKETBALL

This Adult sports program is designed to promote well-being through recreational sports. League fees include 10 league games, plus playoffs, scorekeeping, stats, and awards for the top finishing teams. The top four teams make playoffs.

### SHOWTIME LEAGUE

| DAY | TIME   | DATE                                   | FEE            |
|-----|--------|--|----------------|
| T   | Varies | 10/29 - 1/28(F)<br>2/11 - 4/28 (W/SPR) | \$475<br>\$475 |

**AGE REQUIREMENT** 40+

### PRIMETIME LEAGUE

| DAY | TIME   | DATE                                  | FEE            |
|-----|--------|---------------------------------------|----------------|
| TH  | Varies | 9/12 - 12/19(F)<br>2/13 - 4/30(W/SPR) | \$475<br>\$475 |

**AGE REQUIREMENT** 18+

**OFFICIALS FEE** \$27 per game, payable to the score keeper prior to game time. Game times vary dependent upon the number of registered teams.

**NOTE** Limited sign ups. Register online or contact the Parks and Recreation Division at (626) 580-8692.

**LOCATION** Bernie Boomer Gymnasium at Lambert Park

# COMMUNITY & SENIOR SERVICES

**Address:**  
Jack Crippen Multipurpose Senior Center  
3120 N. Tyler Avenue  
El Monte, CA 91731

**Office Hours:**  
Monday - Thursday  
7:30AM - 5:30PM

**Contact Information:**  
Phone: (626) 580-2210

## BLOOD PRESSURE CLINIC

Free blood pressure screenings are available on a walk-in basis. Screenings are completed by a trained volunteer who maintains personalized historical records. If blood pressure is unusually high or low, the volunteer will make appropriate referrals for follow-up care.

| DAY | TIME              | DATE | FEE  |
|-----|-------------------|------|------|
| W   | 10:00AM - 11:00AM | TBD  | Free |

**AGE REQUIREMENT** 50+

**LOCATION** Jack Crippen Multipurpose Senior Center

## EL MONTE/SOUTH EL MONTE MEALS ON WHEELS

This award-winning program offers home-delivered meals to eligible homebound residents who may be unable, by reason of age, infirmity or other circumstances, to prepare an adequate meal for themselves. Please call for availability.

| DAY   | TIME   | DATE    | AGE | FEE          |
|-------|--------|---------|-----|--------------|
| M - F | Varies | Ongoing | All | \$3 per Meal |

**NO SERVICE DAY** 11/12 • 11/22 • 12/25 • 1/1 • 1/20 • 2/17

**LOCATION** Delivered to your home

## COOLING CENTER

If the heat continues, remember the Jack Crippen Multipurpose Senior Center located at 3120 N. Tyler Avenue, will be open to the public during high heat advisories or triple digit temperatures. Come CHILL with us, for more information; please call the Community and Senior Services Division at (626) 580-2210.

| DAY | TIME             |
|-----|------------------|
| TBD | 10:00AM - 5:00PM |

**AGE REQUIREMENT** 50+

**FEE** Free

**LOCATION** Jack Crippen Multipurpose Senior Center

## BET TZEDEK LEGAL CLINIC

Bet Tzedek Legal Services provides free legal advice to individuals over the age of 60. Those seeking legal advice must live in Los Angeles County. Priority will be given to low-income individuals. **Appointments are required.**

| DAY | TIME             | DATE        | AGE | FEE  |
|-----|------------------|-------------|-----|------|
| TH  | 10:00AM - 1:30PM | 10/3 • 12/5 | 60+ | Free |

**LOCATION** Jack Crippen Multipurpose Senior Center

## ELDERLY NUTRITION PROGRAM

Meals are served on a first-come, first-served basis to participants 60 years of age and older. The program is funded in part under the Older Americans Act.

| DAY   | TIME    | DATE    | AGE | FEE                    |
|-------|---------|---------|-----|------------------------|
| M - F | 11:30AM | Ongoing | 60+ | \$2 suggested Donation |

**NO SERVICE DAY** 11/11 • 11/28 • 12/25 • 1/1 • 1/20 • 2/17

**LOCATION** Jack Crippen Multipurpose Senior Center

## SENIOR MOVIE DAY

Enjoy popcorn and juice as you can catch the latest movie projected on the big screen.

| DAY | TIME    | DATE   |
|-----|---------|--|
| T   | 12:30PM | 10/1 • 10/15 • 11/5 • 11/19 • 12/3 • 12/17 • 1/7 • 1/21 • 2/4 • 2/18 • 3/13 • 3/17 |

**AGE REQUIREMENT** 50+

**FEE** Free

**LOCATION** Jack Crippen Multipurpose Senior Center

## SENIOR ACTIVITIES

### BINGO

El Monte offers the best Bingo games around! Join us for an entertaining time with friends and an opportunity to win. Game prices and payouts vary; please call for more information.

| DAY | TIME            | DATE    | AGES | FEE    |
|-----|-----------------|---------|------|--------|
| M   | 9:00AM - 2:00PM | Ongoing | 18+  | Varies |
| TH  | 5:00PM - 9:00PM | Ongoing | 18+  | Varies |

**NO SERVICE DAY** 11/11 • 11/25 • 11/28  
Entire Month of December 1/20 • 2/17

**LOCATION** Jack Crippen Multipurpose Senior Center

### BILLIARDS

Come play a "round of pool" with friends. Our billiards room offers three standard pool tables. Pool balls, cue sticks, and bridges are available for use on a first-come, first-served basis. ID required for equipment checkout at the front desk.

| DAY    | TIME            | DATE    | AGES | FEE  |
|--------|-----------------|---------|------|------|
| M - TH | 7:30AM - 5:30PM | Ongoing | 50+  | Free |
| F      | 8:00AM - 2:00PM | Ongoing | 50+  | Free |

**NO SERVICE DAY** 11/11 • 11/28 • 12/25 • 1/1 • 1/20 • 2/17

**LOCATION** Jack Crippen Multipurpose Senior Center

### SENIOR GYM

The Jack Crippen Multipurpose Senior Gym is available to all seniors ages 50 and older.

| DAY    | TIME            | DATE    | AGES | FEE  |
|--------|-----------------|---------|------|------|
| M - TH | 9:00AM - 4:00PM | Ongoing | 50+  | Free |
| F      | 9:00AM - 1:00PM | Ongoing | 50+  | Free |

**NO SERVICE DAY** 11/11 • 11/28 • 12/25 • 1/1 • 1/20 • 2/17

**LOCATION** Jack Crippen Multipurpose Senior Center

### COMPUTER/QUIET ROOM

The computer room features 10 computers, WI-FI connection and lounge chairs that are open to participants 50 years of age and older during regular operating hours. Time restrictions may apply.

| DAY    | TIME            | DATE    | AGES | FEE  |
|--------|-----------------|---------|------|------|
| M - TH | 7:30AM - 5:30PM | Ongoing | 50+  | Free |

**NO SERVICE DAY** 11/11 • 11/28 • 12/25 • 1/1 • 1/20 • 2/17

**LOCATION** Jack Crippen Multipurpose Senior Center

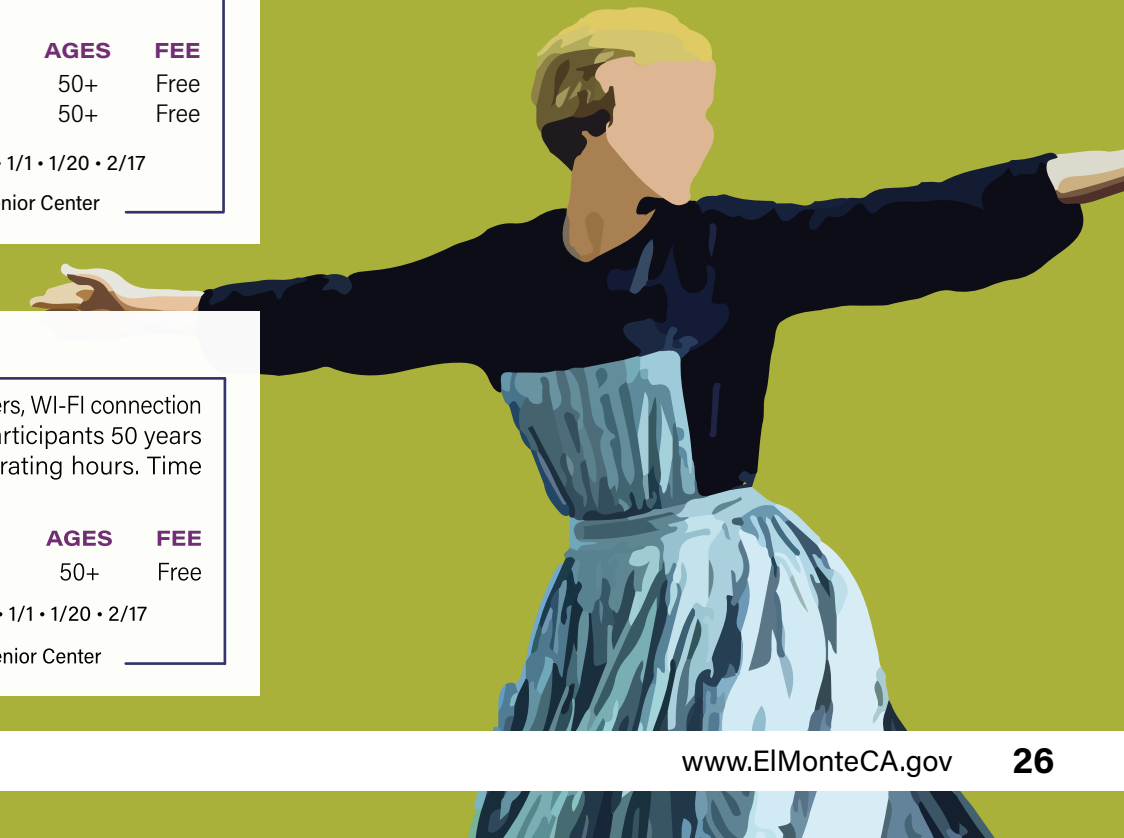
COMMUNITY & SENIOR SERVICES

## Movie Lyrics

### Do-Re-Mi

Do! (a deer, a female deer)  
Re! (a drop of golden sun)  
Mi! (a name I call myself)  
Fa! (a long, long way to run)  
So! (a needle pulling thread)  
La! (a note to follow so)  
Ti! (a drink with jam and bread)  
That will bring us back to do

The SOUNDS OF EL MONTE



# SENIOR EVENTS

## HALLOWEEN LUNCHEON

Join us for this spooktacular event! Wear your favorite costume for a chance to win a prize.

| DAY | TIME              | DATE  | AGE |
|-----|-------------------|-------|-----|
| TH  | 10:00AM - 12:00PM | 10/31 | 50+ |

**SUGGESTED DONATION** \$2.00 (60 Years of Age & Over)

**LOCATION** Jack Crippen Multipurpose Senior Center

## THANKSGIVING LUNCHEON

Gather with us at the Jack Crippen Multipurpose Senior Center to enjoy a bountiful Thanksgiving lunch.

| DAY | TIME              | DATE  | AGE |
|-----|-------------------|-------|-----|
| W   | 10:00AM - 12:00PM | 11/27 | 50+ |

**SUGGESTED DONATION** \$2.00 (60 Years of Age & Over)

**LOCATION** Jack Crippen Multipurpose Senior Center

## CHRISTMAS LUNCHEON AND DANCE

Tis the season to be jolly! Please join us as we celebrate the holidays with food, fun, and friends.

| DAY | TIME             | DATE  | AGE |
|-----|------------------|-------|-----|
| TH  | 10:00AM - 2:00PM | 12/19 | 50+ |

**SUGGESTED DONATION** \$2.00 (60 Years of Age & Over)

**LOCATION** Jack Crippen Multipurpose Senior Center

## CHRISTMAS EVE BRUNCH

It's the most wonderful time of the year! Join us for a nutritious lunch as you prepare to celebrate Christmas with friends and family.

| DAY | TIME              | DATE  | AGE |
|-----|-------------------|-------|-----|
| T   | 10:00AM - 12:00PM | 12/24 | 50+ |

**SUGGESTED DONATION** \$2.00 (60 Years of Age & Over)

**LOCATION** Jack Crippen Multipurpose Senior Center

## NEW YEAR'S EVE BRUNCH

As the New Year begins and the old one ends, we would love to celebrate with our senior friends. Enjoy a healthy lunch and ring in the New Year.

| DAY | TIME              | DATE  | AGE |
|-----|-------------------|-------|-----|
| T   | 10:00AM - 12:00PM | 12/31 | 50+ |

**SUGGESTED DONATION** \$2.00 (60 Years of Age & Over)

**LOCATION** Jack Crippen Multipurpose Senior Center

## VALENTINE'S DAY DANCE & LUNCHEON

Friendship and romance will fill the Jack Crippen Senior Center for their annual Valentine's Day luncheon and dance. Live musical entertainment will be provided.

| DAY | TIME             | DATE | AGE |
|-----|------------------|------|-----|
| TH  | 10:00AM - 2:00PM | 2/13 | 50+ |

**SUGGESTED DONATION** \$2.00 (60 Years of Age & Over)

**LOCATION** Jack Crippen Multipurpose Senior Center

## ST. PATRICK'S DAY LUNCHEON

Wear your greenest outfit and join us for a luncheon at the Jack Crippen Senior Center.

| DAY | TIME              | DATE | AGE |
|-----|-------------------|------|-----|
| T   | 10:00AM - 12:00PM | 3/17 | 50+ |

**SUGGESTED DONATION** \$2.00 (60 Years of Age & Over)

**LOCATION** Jack Crippen Multipurpose Senior Center

## KARAOKE

Join us as we enjoy singing to old and new hits. Come show off your talents. Various categories are available.

| DAY | TIME           | DATE    | AGE |
|-----|----------------|---------|-----|
| T   | 12:30PM-2:30PM | 3/03/20 | 50+ |

**COST** Free

**LOCATION** Jack Crippen Multipurpose Senior Center

## E.T. Movie Fact

At the auditions, Henry Thomas (Elliot) thought about the day his dog died to express sadness. Director Steven Spielberg cried, and hired him on the spot.

## SENIOR CLUBS

### HISPANO AMERICANO CLUB

The Hispano Americano Club promotes fellowship, recreation and charitable service projects which benefit the community at large.

| DAY | TIME            | DATE    | AGE |
|-----|-----------------|---------|-----|
| W   | 1:00PM - 3:00PM | Ongoing | 50+ |

**FEE** \$12 annual membership

### CLUB DURAZO

Club Durazo's mission is to inform, advocate and foster activities that will improve the quality of life for all residents of the City of El Monte.

| DAY           | TIME             | DATES   | AGE |
|---------------|------------------|---------|-----|
| T (Read Note) | 12:00PM - 1:30PM | Ongoing | 50+ |

**FEE** Varies depending on member count.

**NOTE** Meetings are on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month

**LOCATION** Jack Crippen Multipurpose Senior Center

## CalFresh

The CalFresh Program, California's version of the Supplemental Nutrition Assistance Program (SNAP) and formerly known as Food Stamps, assists low-income individuals and households to purchase nutritional food for their family. The City of El Monte Parks, Recreation and Community Services Department is pleased to announce that the Senior and Community Services staff have been trained and now qualify as CalFresh Application Assistants. Through a partnership with the Department of Public and Social Services, City staff will now be able to electronically file CalFresh applications and verifications on behalf of applicants. The City looks forward to providing this service to help strengthen our community and connect people to benefits and services that can make a difference in their lives. For additional information, or to make an appointment, please contact the Community and Senior Services Division at (626) 580-2210.

Senior Events and Clubs

**EL MONTE HISTORICAL MUSEUM & PRESERVATION**

The El Monte Historical Society Museum is a hidden gem that features exquisite artifacts from some of California's earliest settlers.

| DAY   | TIME             | DATE    |
|-------|------------------|---------|
| M - W | 10:00AM - 4:00PM | Ongoing |
| TH    | 12:30PM - 4:00PM | Ongoing |

**AGE REQUIREMENT** All **FEE** Free

**LOCATION** 3150 Tyler Ave.  
El Monte, CA 91731

**HISTORICAL SOCIETY**

The El Monte Historical Society meets monthly with quarterly teas and is open for the public to join.

**TOURS**

Please call (626) 580-2232 to schedule a school or private tour. The Museum can accommodate weekend and evening scheduled tours.

**LA HISTORIA SOCIETY MUSEUM**

La Historia Society Museum's objective is to preserve the history of the community's neighboring barrios dating back to the early 1900's. The museum also contributes to the community by supporting fundraising events, and participating in food and toy give-aways during the holidays. The museum also serves as a resource center for graduates and undergraduates from California State University, Los Angeles.

| DAY | TIME             | DATE    |
|-----|------------------|---------|
| TH  | 12:00PM - 2:00PM | Ongoing |
| SUN | 1:00PM - 4:00PM  | Ongoing |

**AGE REQUIREMENT** All **FEE** Free

**LOCATION** 3240 Tyler Ave.  
El Monte, CA 91731

**HISTORICAL SOCIETY**

The La Historia Society meets on the 3<sup>rd</sup> Saturday of the month at 10AM. The Society is open for the public.

**TOURS**

Please call (626) 279-1954 to schedule a school or private tour. The Museum can accommodate weekend and evening scheduled tours.

**EL MONTE WOMEN'S CLUB**

This local philanthropic service organization dedicates itself to enriching the quality of life in the community. Members develop leadership skills, exchange ideas and form lifelong friendships.

| DAY               | TIME    | DATE   |
|-------------------|---------|--|
| 4 <sup>th</sup> T | 11:00AM | 9/24 • 10/22 • 11/26<br>12/17 • 1/28 • 2/25 • 3/24 |

**AGE REQUIREMENT** All  
**MEMBERSHIP FEE** One time yearly fee

**NOTE** For more information, please contact President Gina Morales through Facebook.com/emwomensclub and elmontewomensclub@gmail.com

**LOCATION** Grace T. Black Auditorium

**CONSERVATION GARDEN PROJECT**

Enjoy some sun, soil, and sisterhood. Inquire about becoming a member and be a part of our Garden Project.

| DAY    | TIME    | DATE    | AGE | FEE  |
|--------|---------|---------|-----|------|
| W & TH | 10:00AM | Ongoing | 18+ | Free |

**LOCATION** Jack Crippen Multipurpose Senior Center Garden

**EL MONTE & SOUTH EL MONTE EMERGENCY PREPAREDNESS COALITION**

In partnership with the American Red Cross, the cities of El Monte and South El Monte, various community organizations and residents meet monthly to discuss emergency response activities.

| DAY               | TIME   | AGE | FEE  |
|-------------------|--------|-----|------|
| 4 <sup>th</sup> M | 3:00PM | All | Free |

**EL MONTE DATES** 10/28 • 1/27 • 3/23  
**SOUTH EL MONTE DATES** 11/25 • 2/24

**NOTE** For more information contact Resiliency Ambassador, Victoria Burl at (626) 258-8634.

**EL MONTE LOCATION** Jack Crippen Multipurpose Senior Center  
**SOUTH EL MONTE LOCATION** South El Monte Senior Center

**THE SANDLOT Movie Facts**

The Beast—a.k.a. Hercules, an English Mastiff—was played, in part, by a puppet.

The movie was shot in just 42 days.

In the scene where The Beast and Smalls make friends, actor Tom Guiry had baby food smeared on his face to get the dog to lick him.

**HEALTHY EL MONTE COORDINATING COUNCIL**

The Council aims to unify efforts that create a healthy environment for all community residents and improve the quality of life for those we serve.

| DAY | TIME    | DATE        | AGE | FEE  |
|-----|---------|-------------|-----|------|
| TH  | 10:00AM | 9/26 • 1/23 | All | Free |

**NOTE** Please call (626) 258-8634 for more information.

**LOCATION** Aquatic Center - Room D

**DAY ONE YOUTH ADVOCATE INTERNSHIP**

Become a Youth Advocate today! Earn community service hours and learn how to be a leader in your community. As a Youth Advocate, you will acquire life skills for professional development that you will use in college and in your future career.

| DAY | TIME            | DATE         | FEE  |
|-----|-----------------|--------------|------|
| T   | 3:00PM - 5:00PM | 8/27 - 12/10 | Free |
| T   | 3:00PM - 5:00PM | 1/7 - 6/2    | Free |

**AGE REQUIREMENT** 12 - 18

**NOTE** Email Jennifer Jimenez at jennifer@godayone.org or call (323) 607-3557 for more information.

**LOCATION** Aquatic Center - Room D

**I HEART EL MONTE**

This is a grassroots resident-led movement based on civic pride, unity and community engagement that encourages participation from residents and other stakeholders.

| DAY | TIME             | DATE         | FEE  |
|-----|------------------|--------------|------|
| T   | 9:00AM - 11:00AM | 9/17 - 12/17 | Free |
| T   | 9:00AM - 11:00AM | 1/14 - 3/24  | Free |

**AGE REQUIREMENT** 18+

**NOTE** Meetings are held every 2nd and 4th Tuesday of the month. Please call SBCC Thrive LA at (626) 869-9282 for more information.

**LOCATION** Aquatic Center - Room D

**BEAUTIFICATION OF GREEN SPACE**

All are welcomed to help in the beautification of the community garden.

**NOTE** Meetings are held every 1st and 3rd Tuesday of the month. Please call SBCC Thrive LA at (626) 869-9282 for more information.

**LOCATION** Jack Crippen Multipurpose Senior Center Garden

# SPECIAL PROGRAMS



# NIGHT AT THE EL MONTE MUSEUMS

# PARKS & FACILITIES

## 1 AQUATIC CENTER

11001 Mildred Street • (626) 580-2213

State of the art ADA accessible facility which includes pool, spa, diving boards, locker rooms, showers, restrooms, seasonal outdoor pool/waterslide and multipurpose conference rooms available for rental.



## 4 EL MONTE COMMUNITY CENTER

3130 Tyler Avenue • (626) 580-2200

Multipurpose auditorium (accommodates 300-500 guests), warming kitchen, private outdoor courtyard, restrooms, stage, lighting, public address system and state of the art projector with drop down screen available for rental.



## 2 BALDWIN MINI PARK

3750 Baldwin Avenue • (626) 580-2200

Baldwin Mini Park is a 1/2 acre park with the following amenities: outdoor basketball court, play area with playground equipment, large covered picnic shelter with seating capacity for up to 100 individuals, park office, public restrooms and picnic shelters available on first come, first serve basis.



## 5 FLETCHER PARK

3404 Fletcher Parkway • (626) 580-2222

Outdoor basketball court, large open play field, various sized play structures and restrooms. Large outdoor picnic area available on first come, first serve basis. 2.9 acres



## 6 GIBSON MARIPOSA PARK

4140 Gibson Road • (626) 448-8448

Neighborhood park, walking path, outdoor basketball court, various sized play structures, restrooms and splash pad. Several outdoor picnic areas available on first come, first serve basis. 4.3 acres.



## 3 EL MONTE CITY HALL & POLICE DEPARTMENT

11333 Valley Boulevard • (626) 580-2001  
Police Department: (626) 580-2110  
(non-emergency)

## 7 JACK CRIPPEN MULTIPURPOSE SENIOR CENTER

3120 N. Tyler Avenue • (626) 580-2210

Billiard room, computer lab, nutrition center, fitness center, kitchen, multipurpose auditorium (accommodates 200 guests), public address system and meeting room available for rental.



## 8 LAMBERT PARK & BERNIE BOOMER GYMNASIUM

11431 McGirk Street • (626) 448-8761

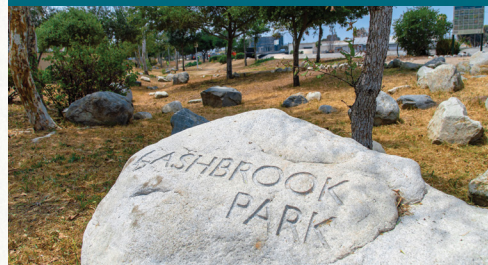
Snack bar, various sized play structures and restrooms. Indoor gymnasium, multipurpose auditorium (accommodates 150 guests), youth baseball diamond, lighted baseball diamond and outdoor picnic areas available on first come, first serve basis. 9.3 acres.



## 9 LASHBROOK PARK

3199 Lashbrook Avenue

Lashbrook park is a 1.8 acre park which extends approximately 1,100 feet from Rosemead Blvd. along the south bank of the Rio Hondo River to the corner of Lashbrook and Brockway Avenue. The park includes multipurpose trails, native plants and trees, picnic areas and more.



## PLAN YOUR SPECIAL EVENT WITH US!

For more information, please contact the Facilities Division at (626) 580-2200 or visit [www.ElMonteCA.gov](http://www.ElMonteCA.gov)



## 10 MOUNTAIN VIEW PARK

12127 Elliott Avenue • (626) 575-2418

Outdoor basketball court, various sized play structures, lighted softball field, lighted youth baseball diamond and restrooms. Multipurpose auditoriums, meeting rooms and picnic areas available on first come, first serve basis. 10.1 acres.



## 11 RIO VISTA VETERANS MEMORIAL PARK

4275 Ranger Avenue • (626) 580-2200

Neighborhood park, walking trails, play structures and restrooms. Outdoor picnic area available on first come, first serve basis. 1.5 acres.



## 12 TONY ARCEO MEMORIAL PARK

3125 N. Tyler Avenue • (626) 580-2200

Neighborhood park, walking path with custom mile markers, band shell, various sized play structures and restrooms. Outdoor picnic area available on first come, first serve basis. 3.4 acres.



## 13 VETERANS MEMORIAL PARK

Corner of Santa Anita Avenue & Valley Boulevard

The Veterans Memorial Park honors those who have served in the United States Armed Services: Army, Marine Corps, Navy, Air Force and National Guard.



## 14 ZAMORA PARK

3820 Penn Mar Avenue • (626) 575-3094

Outdoor basketball court, various sized play structures and restrooms. Multipurpose auditorium, meeting rooms, Art House and private picnic area available on first come, first serve basis. 4.4 acres.

**COMING SOON**

 THE MAYOR AND CITY COUNCIL INVITE YOU TO JOIN

**47<sup>TH</sup> ANNIVERSARY**

# Holiday House & Tree Lighting

**SATURDAY, DECEMBER 7, 2019**  
10:00 AM - 6:00 PM

**EL MONTE COMMUNITY CENTER • 3130 TYLER AVENUE, EL MONTE • (626) 580-2200**

 **FIVE POINTS/EL MONTE/SOUTH EL MONTE  
ROTARY CLUB "PANCAKE BREAKFAST"**  
\$4.00 per person: 10:00 AM - 12:00 PM

 **PEE WEE CHEERLEADERS  
SPAGHETTI DINNER**  
\$5.00 per person: 4:00 PM - 5:45 PM

 **TREE LIGHTING CEREMONY**  
6:00 PM

**FABULOUS HOLIDAY BOUTIQUE, FREE CRAFTS, PICTURE WITH SANTA,  
SAXOPHONIST, SANTA FLOAT, ENTERTAINMENT BY  
OUR LOCAL SCHOOLS AND ORGANIZATIONS, AND MUCH MORE!**

