



EL MONTE PARKS, RECREATION & COMMUNITY SERVICES

SUMMER 2019

# CAPTURE

*the Spirit of El Monte*



SUPER  
**REC-LEADER**  
SUMMER

# THE CITY OF EL MONTE

## ELECTED OFFICIALS

Andre Quintero	Mayor
Jerry Velasco	Mayor Pro Tem
Jessica Ancona	Councilmember
Victoria Martinez Muela	Councilmember
Maria Morales	Councilmember
Cathi Eredia	City Clerk
Viviana Longoria	City Treasurer
Alexander Hamilton	City Manager
Alma K. Martinez	Assistant City Manager

## PARKS, RECREATION & COMMUNITY SERVICES

Alexandra Marroquin	Director
Lisa Del Real	Recreation Services Manager
Victoria Burl	Recreation Supervisor
Teresa Ramirez	Aquatics Supervisor

## PUBLIC INFORMATION UNIT

Max Moreno Publication Designer

## BROCHURE KEY

-  HEALTH & WELLNESS
-  ONLINE REGISTRATION AVAILABLE
-  NUTRITIONAL VALUE

## CAPTURE THE SPIRIT POLICIES

- All classes are subject to change and cancellation.
- All fees, times and dates of all programs are subject to change.
- Classes will be cancelled or combined if they do not have a minimum amount of registered participants.
- Pre-registration is required.
- Account credits or exchanges will only be allowed in the event of a medical emergency with proper medical documentation.
- Limited sign-ups. Sorry, no refunds.

REGISTER ONLINE FOR PROGRAM AND CLASSES TODAY: [apm.activecommunities.com/elmonteparksandrec/Home](http://apm.activecommunities.com/elmonteparksandrec/Home)

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Parks  
 Make  
 Life  
 Better!

# SPECIAL EVENTS



16th Annual

# ROCKIN' WEDNESDAYS

6:30PM - 8:30PM • ARCEO PARK

**LA SOUND MACHINE & JULY IS PARKS & RECREATION MONTH**  
GLORIA ESTEFAN AND MIAMI SOUND MACHINE TRIBUTE BAND

JULY 17

**THE WISEGUYS BIG BAND MACHINE & HEALTH & WELLNESS NIGHT**  
BIG BAND VEGAS SWING

JULY 24

**LOUIE CRUZ BELTRAN LATIN JAZZ ENSEMBLE**  
LATIN AMERICA

JULY 31

**DSB & EL MONTE POLICE DEPARTMENT NATIONAL NIGHT OUT**  
JOURNEY TRIBUTE BAND

AUGUST 7

## CONCERT VENDOR APPLICATION

Rockin' Wednesdays Summer Concert Series vendor applications are being accepted for information tables, craft vendors, food vendors and food trucks. Non-profit groups and businesses may sign-up to participate in one concert or the entire concert series.

Food Vendors must submit Health Department application and fees to the Aquatic Center by Thursday, June 20, 2019.

**FEE**

Varies

## SPLASH INTO A SUPERHERO SUMMER!

SPLAAAASH! What an incredible kick off to your Summer vacation. Visit your local park on the dates listed below for a Superhero fun time. Activities will include a giant water slide, free BBQ for the first 100 participants, information booths, face painting, games, free give-aways and much more Superhero fun for the whole family!

MONDAY	2:00PM - 6:00PM	6/24	ARCEO & FLETCHER PARK	FREE
TUESDAY	2:00PM - 6:00PM	6/25	LAMBERT PARK	FREE
WEDNESDAY	2:00PM - 6:00PM	6/26	ZAMORA PARK	FREE
THURSDAY	2:00PM - 6:00PM	6/27	MT. VIEW PARK	FREE
FRIDAY	2:00PM - 6:00PM	6/28	GIBSON MARIPOSA PARK	FREE

**NOTE:** Parks will be taking sign-ups for Summer Superhero Wiffle Ball League at this event.

## WORLD'S LARGEST SWIMMING LESSON

Join thousands of kids and families at aquatic facilities and waterparks around the globe for The World's Largest Swimming Lesson on Thursday, June 20, 2019. We're making a huge splash to spread the word that Swimming Lessons Save Lives. Don't miss your chance to participate in the annual WLSL event to help prevent drowning, the second leading cause of injury-related death of children ages 1-14.

**THURSDAY 7:00PM - 7:30PM 6/20 FREE AQUATIC CENTER**

**NOTE:** This is a free 30 minute lesson. All participants must complete the entire 30 minute-lesson for it to count towards breaking the Guinness Book of World Records. Please arrive 15 minutes prior to lesson to enroll.



## 5 WEEK SUMMER SUPERHERO PROGRAM

Whoosh! Soar into Summer with El Monte Parks and Recreation Superheroes! Let our amazing recreation leaders enhance your child's summer fun by providing a wide variety of creative activities at minimal or no cost. Free summer activities include: organized games, contests, arts & crafts, sports, board games, and water fun. Field trips are also offered for various fees and have limited sign-ups. Field trips include a Chalk It Up and Dive In Movie combo trip, the famous Overnight Camp Out and the Huntington Beach trip. A Superhero Wiffle Ball League is offered to boys and girls 9-11 years old. See page 17 for more details.

**MONDAY - FRIDAY 2:00PM - 6:00PM 6/24 - 7/26 FREE**  
**ARCEO PARK • GIBSON MARIPOSA PARK • FLETCHER PARK • LAMBERT PARK • MT. VIEW PARK • ZAMORA PARK**

**NOTE:** Field trips are open to children 8 - 14 years old and have varied fees.

## DIVE-IN MOVIE SERIES

We are excited to announce our summer 2019 Dive-in Movie lineup! Come watch your favorite film and lounge around, swim under the stars and enjoy a fun for the whole family event.

**FRIDAY 7:30PM - 10:00PM 6/21 RALPH BREAKS THE INTERNET**  
**FRIDAY 7:30PM - 10:00PM 7/12 SPIDER MAN INTO THE SPIDER-VERSE**  
**FRIDAY 7:30PM - 10:00PM 8/02 THE INCREDIBLES 2**

**\$4 PRE-SALE • \$5 AT THE DOOR AQUATIC CENTER**

**NOTE:** No outside food will be permitted; beverages and snacks will be available for sale.

# NEIGHBORHOOD PARK OUTREACH MEETINGS

Please join us for one of our scheduled meetings and provide us with your input on park amenities and improvements at Lambert, Arceo and Mt. View Parks.  
**YOUR VOICE COUNTS!**  
 • View design options. • Refreshments

## Arceo Park

3125 N. Tyler Avenue, El Monte

Friday  
Monday  
Wednesday

June 21  
June 24  
July 17

6:30PM-8:30PM  
4:00PM-6:00PM  
6:00PM-8:30PM

El Monte Aquatic Center  
Arceo Park  
Arceo Park

## Lambert Park

11431 McGirk Avenue, El Monte

Wednesday  
Thursday  
Tuesday

June 5  
June 13  
June 25

5:00PM-7:00PM  
4:00PM-6:00PM  
3:00PM-6:00PM

Lambert Park  
Lambert Park  
Lambert Park

## Mt. View Park

12127 Elliott Avenue, El Monte

Friday  
Thursday  
Wednesday

June 7  
June 27  
July 3

4:00PM-7:00PM  
4:00PM-6:00PM  
3:00PM-5:00PM

Mt. VIEW Park  
Mt. VIEW Park  
Mt. VIEW Park

# AQUATICS



**Address:**  
El Monte Aquatic Center  
11001 Mildred Street  
El Monte, CA 91731

**Office Hours:**  
M-TH 9:00AM - 9:00PM  
SAT 9:00AM - 4:00PM

**Contact Information:**  
Phone: (626) 580-2213

## AQUATIC TEAMS

### MIDVALLEY WATER POLO TRAVEL TEAM & SPLASHBALL PROGRAM

This aquatics program provides beginner, intermediate and advanced classes that will help develop superior swimmers and water polo players. Swimmers will improve techniques, athleticism and an understanding of the game.

#### TRAVEL TEAM PRACTICE

DAY	TIME	DATE	AGE
M - TH	7:00PM - 9:00PM	6/10 - 8/29	6 - 13

#### SPLASH TEAM PRACTICE

DAY	TIME	DATE	AGE
T & TH	7:00PM - 9:00PM	6/10 - 8/29	6 - 13

**FEE** Varies

**NO CLASS** 7/04

**NOTE** Participants must be able to swim 25 yards in deep water uninterrupted.

**INSTRUCTOR** Robert Zirovich

**LOCATION** Aquatic Center

### ARROW DIVE CLUB

A USA Diving Team offers coaching and competition in one and three meter spring-board diving for novice, junior olympic and high school levels.

DAY	TIME	DATE	FEE
M - TH	3:00PM - 7:00PM	6/10 - 8/29	Varies

**AGE REQUIREMENT** 5 - 18

**NO CLASS** 7/04

**NOTE** Fee depends on number of practices attended. Inquire with coach for pricing.

**INSTRUCTOR** Deliang Li

**LOCATION** Aquatic Center

### MAX AQUATICS AT EL MONTE

MAX Aquatics is a USA Swimming, year-round competitive swim team, offering high quality professional coaching and technique instruction for all ages and abilities. The goal of MAX Aquatics is to provide every member an opportunity to improve swimming skills and achieve success at his or her level of ability, from novice to international competitor

#### BEGINNER GROUPS (BRONZE AND SILVER)

DAY	TIME	DATE	AGE
M - TH	(Land) 4:00PM - 4:30PM (Water) 4:30PM - 5:30PM	6/10 - 8/29	5 - 12

**FEE** Varies

#### ADVANCED GROUPS (GOLD AND DEVELOPMENT)

DAY	TIME	DATE	AGE
M - TH	(Land) 5:00PM - 5:30PM (Water) 5:30PM - 7:00PM	6/10 - 8/29	5 - 12

**FEE** Varies

**NO CLASS** 7/4

**NOTE** A try-out is required for all new swimmers and a yearly \$68 USA Swimming registration per swimmer.

**INSTRUCTOR** Michael Jafari

**LOCATION** Aquatic Center

## AQUATIC PROGRAMS

### JUNIOR LIFEGUARD PROGRAM

Junior Lifeguarding has a strong focus on developing swimming skills to help participants meet the Lifeguarding course prerequisite. The course introduces participants to lifesaving skills, such as in-water rescues, use of a rescue tube, first aid, CPR and AED. Participants have the opportunity to shadow lifeguards in rotation to get a real sense of being on the job.

DAY	TIME	DATE	FEE
M - TH	2:00PM - 4:00PM	7/01 - 7/31	\$175

**AGE REQUIREMENT** 8 - 16

**NO CLASS** 7/04

**NOTE** Prerequisite: Mandatory skills testing on 6/24 at 6:00PM. Fee includes instruction, class materials, program t-shirt, short, backpack, and field trips. Transportation and meal will be included in all field trips.

**LOCATION** Aquatic Center

### RECREATION SWIM

"Splash into Fun" during Recreation Swim. Swimming is a great recreational activity for people of all ages. Recreational swimming can provide you with a low-impact workout and it's also a good way to relax and spend time with your family/friends.

DAY	TIME	DATE	AGE
M - TH	1:30PM - 3:30PM	6/10 - 8/22	All
T & TH	7:30PM - 9:00PM	6/11 8/22	All
SAT	1:00PM - 3:30PM	6/15 8/17	All

**FEE** 17 years and under \$1.50  
18 years and over \$2.50

**NO CLASS** 7/4 • 7/20

**SPLASH PASS** Adult 20 visit pass: \$40  
Child 20 visit pass: \$20

**NOTE** An adult must accompany all children ages 6 and under. No strollers, chairs, or outside food is permitted. All patrons entering the pool area must pay a facility entry fee.

**LOCATION** Aquatic Center

### WATER FITNESS & EXERCISE

This program offers a total body workout that consists of cardio and strength training while minimizing impact on joints and muscles. Exercises include Aqua Fat Burner, Aqua Kickboxing, Aqua Zumba and more. Programs are modified for all fitness levels. Water equipment is provided.

DAY	TIME	DATE	FEE
M & W	7:15PM - 8:15PM	6/10 - 8/28	\$5.00

**AGE REQUIREMENT** 14+

**NO CLASS** 7/4

**DISCOUNT PASS** 10 visits: \$45  
15 visits: \$60  
25 visits: \$100

**INSTRUCTOR** Felicia Perez or Sub

**LOCATION** Aquatic Center

### LAP SWIM

Tone your muscles and improve your cardiovascular fitness by participating in one of the best exercises available.

DAY	TIME	DATE	FEE
M - TH	11:30AM - 1:00PM	6/10 - 8/29	\$3.50
M & W	7:30PM - 9:00PM	6/10 - 8/28	\$3.50
T & TH	7:00PM - 9:00PM	6/11 - 8/29	\$3.50
SAT	9:00AM - 1:00PM	6/22 - 8/17	\$3.50

**AGE REQUIREMENT** 14+

**NO CLASS** 7/4 • 7/20

**DISCOUNT PASS** 20 visits: \$55

**LOCATION** Aquatic Center

### SENIOR LAP SWIM & EXERCISE PROGRAM

This is a continuous program that offers open recreation lap swimming and water exercise for our senior citizens.

DAY	TIME	DATE	AGE
M - TH	10:00AM - 11:30AM	6/10 - 8/29	50+
T & TH	7:00PM - 9:00PM	6/11 - 8/29	50+

**FEE** \$2.50 with El Monte Senior ID  
\$1.00 CDBG/HUB ELIGIBLE: El Monte residents 62+  
Free with Healthways Silver Sneaker membership.

**NO CLASS** 7/4

**DISCOUNT PASS** 15 visits for \$30

**LOCATION** Aquatic Center

# AQUATIC LEARN-TO-SWIM LESSONS

## SUMMER SESSION DATES

	SESSION 1	SESSION 2	SESSION 3	SESSION 4	SESSION 5
DAY	DATE	DATE	DATE	DATE	DATE
M - TH	6/17 - 6/27	7/01 - 7/11	7/15 - 7/25	7/29 - 8/08	8/12 - 8/22
SAT	6/22 - 8/17				(PM classes only)

Session dates apply to all programs listed in [Aquatics Learn-to-Swim Lessons](#)

## LESSON PROGRAM POLICIES

- The El Monte Aquatics Center reserves the right to cancel any class that doesn't meet the minimum required enrollment.
  - Pool Closure: On occasion the pool may be subject to closures due to unexpected incidents, harsh weather or facility rentals.
  - All students MUST show a registration card to enter the facility. A \$5 fee will be assessed for a replacement card.
  - Account credits, exchanges or make-ups will only be offered in the event of a medical emergency with proper medical documentation.
  - All other considerations must be approved and granted by the Aquatics Supervisor with a 50% service charge for account credits and a \$10 service charge for exchanges.
  - Classes will stop admitting students 15 minutes after class has begun.
  - Proper swimming attire must be worn.
- The El Monte Aquatic Center has a structured lesson program which complies with the American Red Cross guidelines.
- All Classes are subject to change with prior notice.

## PARENT & ME

This program will help parents and children adjust to their new aquatic surroundings together, while children learn basic water readiness activities.

DAY	TIME	FEE
M - TH	12:00PM - 12:30PM	\$50
M - TH	6:00PM - 6:30PM	\$50
SAT	11:00AM - 11:30AM	\$50
SAT	11:30AM - 12:00PM	\$50

**AGE REQUIREMENT** 6 months+

**NO CLASS** 7/4 • 7/20

**NOTE** A Parent must be in the water with child at all times during lesson. Child and parent are at a 1-to-1 ratio.

**LOCATION** Aquatic Center

## PRE-SCHOOL SWIM LESSONS

### PRE-SCHOOL BEGINNERS

Children will become familiar with the aquatic environment and learn fundamental aquatic skills.

DAY	TIME	FEE
M - TH	12:00PM - 12:30PM	\$50
M - TH	12:30PM - 1:00PM	\$50
M - TH	6:00PM - 6:30PM	\$50
M - TH	6:30PM - 7:00PM	\$50
SAT	11:00AM - 11:30AM	\$50
SAT	11:30AM - 12:00PM	\$50

**AGE REQUIREMENT** 4 - 5

**NO CLASS** 7/4 • 7/20

### PRE-SCHOOL INTERMEDIATE/ADVANCED

Swimmers will increase proficiency and build on the basic aquatic skills learned in Pre-School Beginners.

DAY	TIME	FEE
M - TH	12:00PM - 12:30PM	\$50
M - TH	12:30PM - 1:00PM	\$50
M - TH	6:00PM - 6:30PM	\$50
M - TH	6:30PM - 7:00PM	\$50
SAT	11:00AM - 11:30AM	\$50
SAT	11:30AM - 12:00PM	\$50

**AGE REQUIREMENT** 4 - 5

**NO CLASS** 7/4 • 7/20

**NOTE** Must complete pre-school beginners & bring paddlers card to register.

**LOCATION** Aquatic Center

## SWIM LESSONS

### BEGINNING SWIM

This course serves as an introduction to basic swimming techniques.

DAY	TIME	FEE
M - TH	9:00AM - 9:30AM	\$50
M - TH	9:30AM - 10:00AM	\$50
M - TH	10:00AM - 10:30AM	\$50
M - TH	10:30AM - 11:00AM	\$50
M - TH	11:00AM - 11:30AM	\$50
M - TH	11:30AM - 12:00PM	\$50
M - TH	4:30PM - 5:00PM	\$50
M - TH	5:00PM - 5:30PM	\$50
M - TH	5:30PM - 6:00PM	\$50
SAT	9:00AM - 9:30AM	\$50
SAT	9:30AM - 10:00AM	\$50
SAT	10:00AM - 10:30AM	\$50
SAT	10:30AM - 11:00AM	\$50

**AGE REQUIREMENT** 6+

**NO CLASS** 7/4 • 7/20

**NOTE** Four levels: A, B, C, D.

### INTERMEDIATE/ADVANCED SWIM

Participants will learn advanced strokes, diving, competitive swimming skills and stroke refinement.

DAY	TIME	FEE
M - TH	12:00PM - 12:30PM	\$50
M - TH	12:30PM - 1:00PM	\$50
M - TH	6:00PM - 6:30PM	\$50
M - TH	6:30PM - 7:00PM	\$50
SAT	11:30AM - 12:00PM	\$50

**AGE REQUIREMENT** 6+

**NO CLASS** 7/4 • 7/20

**NOTE** Must complete beginning swim & paddler card must state I/A level in order to register. This class consists of three levels: E, F and G.

**LOCATION** Aquatic Center

## ADULT/TEEN SWIM

Participants will improve fundamental aquatic skills and the six basic swimming strokes.

DAY	TIME	FEE
M - TH	12:30PM - 1:00PM	\$50
M - TH	6:30PM - 7:00PM	\$50
SAT	11:00AM - 11:30AM	\$50

**AGE REQUIREMENT** 14+

**NO CLASS** 7/4 • 7/20

**LOCATION** Aquatic Center

## LEARN TO DIVE LESSONS

The Learn to Dive program offers coaching and competition in one and three meter springboard diving.

DAY	TIME	DATE	AGE
M - TH	3:00PM - 3:40PM	6/10 - 8/29	5 - 14
M - TH	5:00PM - 5:40PM	6/10 - 8/29	5 - 14

**FEE** \$90

**NO CLASS** 7/4

**INSTRUCTOR** Deliang Li

**LOCATION** Aquatic Center

## HOMESCHOOL PROGRAM

This program offers swimming classes to students who are home schooled an wish to meet their physical education requirements.

DAY	TIME	DATE	FEE
M - TH	Varies	6/17 - 8/22	\$50

**AGE REQUIREMENT** 4+

**NO CLASS** 7/4

**NOTE** All classes listed under [Learn-To-Swim Lessons](#) are available for this program.

**LOCATION** Aquatic Center

# CULTURAL ARTS



**Address:**  
El Monte Aquatic Center (2<sup>nd</sup> Floor)  
11001 Mildred Street  
El Monte, CA 91731

**Office Hours:**  
Monday - Thursday  
9:00AM - 5:30PM

**Contact Information:**  
Phone: (626) 258-8634

## PAINTING FOR OLDER ADULTS

The Painting for Older Adults class offers an individual approach to painting and creative arts. Participants will learn about lines, colors, shapes and forms as well as new techniques in drawing progression.

DAY	TIME	DATE	FEE
M	3:00PM - 5:00PM	6/03 - 8/05	Free

**AGE REQUIREMENT** 18+

**INSTRUCTOR** Rio Hondo College

**LOCATION** Jack Crippen Multipurpose Senior Center

## PLOT TWIST ADVENTURES IN THEATRE

### SHREK THE MUSICAL

This fun family affair tells the story of a swamp-dwelling ogre who goes on a life-changing adventure to reclaim the deed to his land. Joined by a wise-cracking donkey, the unlikely hero Shrek fights a fearsome dragon, rescues a feisty princess, and learns that real friendship and true love aren't found only in fairy tales.

DAY	TIME	DATE	FEE
SAT	6:30PM - 11:00PM	8/24/2019	\$23

**AGE REQUIREMENT** 8+

**NOTE** This trip is open to the public. Free shuttle bus will be provided. Limited sign-ups. Sorry, no refunds.

**SHUTTLE LOCATION** El Monte Community Center

**LOCATION** Cerritos Center for the Performing Arts

## WATERMELON FESTIVAL

Enjoy watermelon drinks, watermelon foods, fantastic music acts, all kinds of yummy foods, a culinary tent dedicated to amazing watermelon carvers and cooking demonstrations. Stunt cyclists doing flips over your head, children's theater musicals, popsicles, balloon twisters, magic shows, crafts, clowns, games and prizes, bubble parties, even unlimited pony rides, all included with your ticket!

DAY	TIME	DUE DATE
SAT	11:00AM - 5:00PM	6/29/2019

**FEE** Adults \$15 • Children (8 - 11) \$10

**AGE REQUIREMENT** 8+ (Minors must be accompanied by an adult)

**NOTE** This trip is open to the public. Free shuttle bus will be provided. Cash only. Limited sign-ups. Sorry, no refunds. Snack bag will be included with fee. Food and Rides on your own.

**SHUTTLE LOCATION** El Monte Community Center

**LOCATION** The Hansen Dam Soccer Complex in Lake View Terrace

## YOUNG REMBRANDTS ART CLASSES FOR CHILDREN

This curriculum helps children develop drawing skills and abilities that will boost their confidence and encourage them to be creative. Lessons include landscape, still life, cartoons, and art history topics. All materials are included. Curriculum meets the California State Standards for Visual Arts.

DAY	TIME	DATE	FEE
T	3:00PM - 4:00PM	7/02 - 7/30	\$20

**AGE REQUIREMENT** 6 - 12

**INSTRUCTOR** Young Rembrandts

**LOCATION** Grace T. Black Auditorium

## CHALK IT UP SUPERHEROES! SIDEWALK ART CONTEST

Mega Fun! Participants are given 1 hour and a set of chalk to create a Superhero masterpiece. Subject matter can be Spiderman, Superman, Wonder Woman, Black Panther, Captain America, Iron Man or create your very own superhero. Be creative and channel your superhero power through chalk!

DAY	TIME	DATE	FEE
F	5:00PM - 7:30PM	7/12/2019	\$2

**AGE REQUIREMENT** 7 - 17

**NOTE** A trophy will be given to the following winning categories: Most Original, Most Creative, Best Design, Most Colorful and Best of Show. All participants will receive a set of chalk, snacks, free face painting and free admission for bounce house. Limited sign ups at Arceo Park, Fletcher Park, Gibson Mariposa Park, Lambert Park, Mt. View Park, and Zamora Park. Walk-ins accepted at 5:15pm.

**LOCATION** Aquatic Center

## ART-ORIGAMI

Students will learn the basics of traditional Origami craft, folding paper in geometric shapes including rectangles and triangles. Students will be exposed to the history of origami in the Asian culture and be taught how to make an origami animal step by step.

DAY	TIME	DATE	FEE
M	1:00PM - 1:45PM	6/03 - 7/01	\$75
M	1:00PM - 1:45PM	7/08 - 8/05	\$75

**AGE REQUIREMENT** 5+

**INSTRUCTOR** Huan Su-Escobedo

**LOCATION** Grace T. Black Auditorium Room 11 & 12

## 4<sup>TH</sup> OF JULY POSTER CONTEST

Calling all superheroes! If your superpower is artist talent, we have a job for you. Draw a free hand cartoon corresponding to the theme, "How I Celebrate the 4th of July".

### CONTEST AWARDS

Awards will be given at your local park by **Wednesday, July 3, 2019.**

### CONTEST ENTRY

All entries are due at your local El Monte park. Materials used may include: colored pencils, crayons, markers, chalk pastels, paint, pen and ink etc. Entry may not be larger than 18" x 18".

DAY	TIME	DUE DATE	FEE
T	4:00PM	7/02/2019	Free

**AGE REQUIREMENT** 7 - 15

**LOCATION** Arceo, Fletcher, Gibson Mariposa, Lambert, Mt. View and Zamora Parks

## KIDS CANVAS PAINTING MIGHTY SUPERHEROES

Come join our mighty superheroes painting crew as we discover the superhero in all of us this summer.

DAY	TIME	DATE	FEE
T	2:00PM - 4:00PM	8/06/2019	\$25

**AGE REQUIREMENT** 6 - 17

**INSTRUCTOR** Dolores Gonzalez Haro

**LOCATION** Grace T. Black Auditorium

# LEISURE



**Address:**  
El Monte Aquatic Center (2<sup>nd</sup> Floor)  
11001 Mildred Street  
El Monte, CA 91731

**Office Hours:**  
Monday - Thursday  
9:00AM - 5:30PM

**Contact Information:**  
Phone: (626) 258-8634



## EDUCATIONAL

### TINY TOTS

This enrichment program will prepare children for kindergarten by focusing on introducing shapes, colors, numbers, and the alphabet. It is a great opportunity for children to learn how to socialize and share.

#### SUMMER SESSION 1

DAY	TIME	DATE	FEE
M - TH	8:30AM - 11:00PM	5/20 - 7/11	\$190
M & W	8:30AM - 11:00PM	5/20 - 7/11	\$100
T & TH	8:30AM - 11:00PM	5/20 - 7/11	\$100

#### SUMMER SESSION 2

DAY	TIME	DATE	FEE
M - TH	12:00PM - 2:30PM	5/20 - 7/11	\$190
M & W	12:00PM - 2:30PM	5/20 - 7/11	\$100
T & TH	12:00PM - 2:30PM	5/20 - 7/11	\$100

#### FALL SESSION 1

DAY	TIME	DATE	FEE
M - TH	8:30AM - 11:00PM	8/19 - 10/10	\$190
M & W	8:30AM - 11:00PM	8/19 - 10/10	\$100
T & TH	8:30AM - 11:00PM	8/19 - 10/10	\$100

#### FALL SESSION 2

DAY	TIME	DATES	FEE
M - TH	12:00PM - 2:30PM	8/19 - 10/10	\$190
M & W	12:00PM - 2:30PM	8/19 - 10/10	\$100
T & TH	12:00PM - 2:30PM	8/19 - 10/10	\$100

**AGE REQUIREMENT** 3 - 5

**NO CLASS** 7/4 • 9/2

**INSTRUCTOR** Florence Salmon

**LOCATION** Lambert Park

### SIGN, SAY & PLAY

Join the Sign, Say, & Play class where infants can learn and use simple hand gestures, or sign language, to communicate what they need. Help bridge the gap of communication for you and your young ones. Using sign allows your child to express him or herself with gestures before he or she is able to speak with words.

DAY	TIME	DATE	FEE
M	9:00AM - 9:45AM	6/03 - 7/08	\$60
M	9:00AM - 9:45AM	7/15 - 8/19	\$60

**AGE REQUIREMENT** 1 - 3

**INSTRUCTOR** Monique Soderstrom

**LOCATION** Aquatic Center - Room B

### RUMBLE, TUMBLE, TUMMY TIME

The goal of the Rumble Tumble Tummy Time class is to bring parents and babies together with other families to learn ways to make tummy time fun for babies and easier for parents. Using engaging song and activities, parents will not only enjoy the classes, but will also get lots of ideas for extending the experience at home.

DAY	TIME	DATE	FEE
M	10:00AM - 10:45AM	7/01 - 7/22	\$50
M	10:00AM - 10:45AM	8/05 - 8/26	\$50

**AGE REQUIREMENT** 2 - 6 Months

**INSTRUCTOR** Monique Soderstrom

**LOCATION** Aquatic Center - Room B

### SUMMER NUTRIENTS

Kids may be out of school but summer is just getting started! Join our Summer Nutrients Class to learn about healthy summer recipes and tips for you to stay healthy during the summer heat. Classes will include exercise instruction and food demonstrations.

DAY	TIME	DATE	FEE
T	6:00PM - 6:30PM	7/09 - 8/13	Free

**AGE REQUIREMENT** All

**INSTRUCTOR** Day One

**LOCATION** Aquatic Center - Room A

### MATH WORKSHOP

Experience a new practical approach to math problem solving and hands-on practice for 3<sup>rd</sup> - 8<sup>th</sup> graders. This class teaches foundational math skills, whether your student needs chapter review, assistance on a new topic for school or help preparing for tests. We are here to help. This program not only helps with individual for improvement, but will also help your student's manage overall success in school.

DAY	TIME	DATE	FEE
T	9:30AM - 10:15AM	6/11 - 8/06	\$119

**AGE REQUIREMENT** 8 - 14

**NOTE** \$10 lab and supply fee payable to instructor at first class. Please call (626) 379-1112 for all questions.

**INSTRUCTOR** AGI Academy

**LOCATION** Grace T. Black Auditorium  
Room 11 & 12

### INTRODUCTION TO TYPING MICROSOFT WORD & POWERPOINT

Develop your child's basic typing skills and prepare them for many years of future usage. Supplemental exercises will be introduced to make learning fun as your child is taught a lifetime skill. Students will use different functions of Microsoft Word to edit documents for writing report, homework or basic communication. Students will turn their project into an awesome slideshow presentation by using Microsoft PowerPoint. Hands on exercise are provided to prepare your child to get a jump start in school.

DAY	TIME	DATE	FEE
T	10:15AM - 11:00AM	6/11 - 8/06	\$119

**AGE REQUIREMENT** 6 - 14

**NOTE** \$10 lab and supply fee payable to instructor at first class. Please call (626) 379-1112 for all questions.

**INSTRUCTOR** AGI Academy

**LOCATION** Grace T. Black Auditorium  
Room 11 & 12

### CRITICAL READING AND WRITTEN EXPRESSION

This course helps students strengthen their critical reading and written expression skills, both of which are essential analytical techniques for academic success. It involves students identifying information and ideas, as well as to bring outside knowledge in order to properly analyze a given text. Students will learn how to enhance their reading comprehension skills by identifying important information, assumptions, values, and language use. Learn strategies and tools used in written expression and mechanism.

DAY	TIME	DATE	FEE
T	8:45AM - 9:30AM	6/11 - 8/06	\$119

**AGE REQUIREMENT** 7 - 12

**NOTE** \$10 lab and supply fee payable to instructor at first class. Please call (626) 379-1112 for all questions.

**INSTRUCTOR** AGI Academy

**LOCATION** Grace T. Black Auditorium  
Room 11 & 12

## DANCE

### PRINCE & PRINCESS BALLET

Attention all Prince and Princesses! In this class, participants will build fundamental ballet techniques such as body awareness, flexibility and strength.

DAY	TIME	DATE	FEE
M	10:00AM - 10:45AM	6/03 - 6/24	\$25
M	10:00AM - 10:45AM	7/01 - 7/29	\$25

**AGE REQUIREMENT** 3 - 4

**INSTRUCTOR** Jessica Servin

**LOCATION** Grace T. Black Auditorium

### HIP HOP

The hip hop class will encourage dancers to build body strength, improve coordination and enjoy hip hop music. Students must wear comfortable clothing and sneakers.

DAY	TIME	DATE	FEE
T	4:00PM - 4:45PM	Monthly	\$25 per MONTH

**AGE REQUIREMENT** 5 - 17

**INSTRUCTOR** Jazmin Benavides

**LOCATION** Grace T. Black Auditorium

### SALSA 4 KIDS

The kids salsa class is a great way to introduce your child to the arts while helping them build self-confidence and social skills. Students will learn the basic salsa steps and how to dance with a partner. Students will learn discipline, cooperation, stage direction, and terminology. No dance experience is necessary!

DAY	TIME	DATE	FEE
T	5:30PM - 6:30PM	7/02 - 7/30	\$20

**AGE REQUIREMENT** 7 - 13

**INSTRUCTOR** Louie Angon

**LOCATION** Grace T. Black Auditorium

### SALSARCISE

Lose weight and get toned through a cardiovascular workout while dancing to the best of Salsa, Merengue, Bachata, Cha Cha, Cha, Cumbia, and more. Calisthenics is a major part of the program, but each workout can be adjusted for students with low impact needs. Bring weights, a towel, water, tennis shoes, and comfortable workout clothes.

DAY	TIME	DATE	FEE
T	5:30PM - 6:20PM	8/13 - 10/01	\$40

**AGE REQUIREMENT** 18+

**INSTRUCTOR** Louie Angon

**LOCATION** Grace T. Black Auditorium

### SALSA & SOCIAL

Come and learn this elegant Latin dance - LA style! Dancers will learn basic moves such as turns, cross body leads, open breaks and more. Instructor Louie Angon is a choreographer and performer with over 20 years of experience. His unique teaching approach makes it easy to learn to dance with grace and style.

#### BEGINNER

DAY	TIME	DATE	FEE
M	6:15PM - 7:15PM	6/03 - 7/22	\$40
M	6:15PM - 7:15PM	8/05 - 9/30	\$40

#### INTERMEDIATE

The intermediate Salsa class will help build on the basics! Participants will be introduced to intermediate dance such as patterns, syncopated footwork and double turns. Students must have completed the Salsa Beginner class or receive prior instructor approval.

DAY	TIME	DATE	FEE
M	7:30PM - 8:30PM	6/03 - 7/22	\$40
M	7:30PM - 8:30PM	8/05 - 9/30	\$40

**AGE REQUIREMENT** 18+

**NOTE** Last class and social 7/22 & 9/30 • 6:15pm - 8:30pm, bring a friend! These dates are open to the public.

**NO CLASS** 9/2

**INSTRUCTOR** Louie Angon

**LOCATION** Grace T. Black Auditorium

## FITNESS

### OPEN TRACK

Lace up your shoes and get moving! Arroyo High School track is open for public use on select days.

DAY	TIME	DATE	FEE
M & W	6:00PM - 9:00PM	6/10 - 8/28	Free
SAT	7:00AM - 10:00AM	6/15 - 8/31	Free

**AGE REQUIREMENT** All

**NOTE** Hours subject to change.

**LOCATION** Arroyo High School Track

### GYMNASTICS

This gymnastics class follows the United States Gymnastics Federation floor level exercise, beam, vault and power incline trampoline. Various levels are taught simultaneously throughout the course. Monthly session includes 7 classes.

#### 1 HOUR SESSION

DAY	TIME	DATE	FEE
M & W	5:00PM - 6:00PM	6/03 - 6/24	\$50
M & W	5:00PM - 6:00PM	7/01 - 7/22	\$50
M & W	5:00PM - 6:00PM	8/05 - 8/26	\$50

#### 2 HOUR SESSION

DAY	TIME	DATE	FEE
M & W	4:00PM - 6:00PM	6/03 - 6/24	\$65
M & W	4:00PM - 6:00PM	7/01 - 7/22	\$65
M & W	4:00PM - 6:00PM	8/05 - 8/26	\$65

**AGE REQUIREMENT** 5 - 18

**INSTRUCTOR** Felicia Perez or Instructor

**LOCATION** Lambert Park

### GROUP FITNESS & EXERCISE

This program offers a variety of aerobic formats including Fat Burner, Step, Kick-boxing, Zumba, Pilates and Yoga. Total body workouts are driven by upbeat music, foot stomping movements and weights. All formats are modified for all fitness levels.

DAY	TIME	DATE	FEE
M & W	6:00PM - 7:00PM	6/03 - 8/28	\$5

**AGE REQUIREMENT** 14+

**INSTRUCTOR** Felicia Perez or Instructor

**LOCATION** Aquatic Center - Room A

### PHYSICAL FITNESS FOR OLDER ADULTS

Designed for older adults, this fitness class offers instruction on movement to maintain and increase range of motion, build muscle strength, maintain coordination, flexibility and balance. Class topics include discussions on nutrition, the effects of aging, safety factors and memory skills.

#### MORNING SESSION

DAY	TIME	DATE	FEE
T	8:30AM - 10:00AM	6/04 - 8/08	Free

**LOCATION** Jack Crippen Multipurpose Senior Center

#### AFTERNOON SESSION

DAY	TIME	DATE	FEE
T & TH	5:45PM - 6:45PM	6/04 - 8/08	Free

**AGE REQUIREMENT** 18+

**INSTRUCTOR** Rio Hondo College

**LOCATION** Mt. View Park West Wing

### DO FITNESS

Join Day One every Tuesday for a free DVD led exercise class ranging from Tai Chi to Circuit Training.

DAY	TIME	DATE	FEE
T	9:00AM - 10:00AM	6/04 - 7/02	Free
T	5:00PM - 6:00PM	7/09 - 8/13	Free
T	9:00AM - 10:00AM	8/20 - 9/24	Free

**AGE REQUIREMENT** 18+

**NOTE** Instruction led by DVD.

**INSTRUCTOR** Day One

**LOCATION** Aquatic Center - Room A

### TAI CHI

Tai Chi is a great form of low impact exercise that helps improve strength, flexibility and balance. It focuses on slow movement, reduces stress and produces a calm mind while incorporating various breathing techniques.

DAY	TIME	DATE	FEE
M	9:00AM - 10:00AM	6/10 - 7/29	\$40
M	9:00AM - 10:00AM	8/05 - 9/30	\$40

**AGE REQUIREMENT** 18+

**NO CLASS** 9/2

**INSTRUCTOR** Michelle Fanara

**LOCATION** Grace T. Black Auditorium

### SELF-DEFENSE TAEKWONDO/KARATE

Students are taught safety awareness, defense strategies and non-violent conflict resolution skills.

#### NEW STUDENT(S)

DAY	TIME	DATE	FEE
T	5:00PM - 5:45PM	6/04 - 8/27	\$6 per WEEK

#### RETURNING STUDENT(S)

DAY	TIME	DATE	FEE
T	5:45PM - 6:30PM	6/04 - 8/27	\$6 per WEEK

**AGE REQUIREMENT** 5+

**NOTE** Please call (213) 999-0707 for more information.

**INSTRUCTOR** Respectful Responsible Youth of America

**LOCATION** Zamora Park

### HATHA YOGA

Yoga enhances health and well-being. Exercises include stretching, strengthening by holding weight-bearing poses and breathing awareness. Participants should bring a yoga mat and wear comfortable clothing.

DAY	TIME	DATE	FEE
W	8:30AM - 9:45AM	6/05 - 8/07	Free

**AGE REQUIREMENT** 18+

**INSTRUCTOR** Rio Hondo College

**LOCATION** Aquatic Center - Room A

# PARKS & RECREATION



**Address:**  
Community Center  
3130 Tyler Avenue  
El Monte, CA 91731

**Contact Information:**  
Please contact your local park or call  
(626) 580-2200 • M-TH • 8:00AM - 5:30PM

## JR. RECREATION LEADER VOLUNTEER PROGRAM

This program provides mentorship and leadership training to El Monte teens, who are interested in giving back to the community and enhancing work experience. Participants will gain exposure to leadership, teamwork and decision making. This program also offers community service credit.

DAY	TIME	DATE
W (Note)	6:00PM - 8:00PM	9/18/2019 - 8/31/2020

**FEE** \$50

**GRADE REQUIREMENT** 7<sup>th</sup> - 12<sup>th</sup>

**NOTE** Participants will be required to complete a minimum of 15 hours per month including the monthly meeting held every 3<sup>rd</sup> Wednesday of the month. Meeting day is subject to change. Registration for the Fall session will begin August of 2019. For more information regarding this program, please contact Veronica Meza at (626) 580-2240.

**LOCATION** Meetings will be held at the El Monte Community Center or at our city parks

## PEE WEE CHEERLEADERS

This program is designed to teach the basic fundamentals of cheerleading and allow girls to learn responsibility and help promote self-confidence as well as social interactions with their peers. The girls have a great time making friends, being involved in community events, participating in parades, cheer clinics, slumber parties, field trips, fundraisers, performing at city wide events and competing in the Annual Pee Wee Cheerleaders' Jamboree.

DAY	TIME	DATE
Varies	Varies	9/05/2019 - 5/31/2020

**GRADE REQUIREMENT** 3<sup>rd</sup> - 5<sup>th</sup>

**NOTE** Registration begins in September at your local park.

**LOCATION** Gibson Mariposa, Lambert, Mt. View, and Zamora Parks

## SUMMER CO-ED WIFFLE BALL

This summer recreational sports program promotes teamwork, sportsmanship, and having super fun! Participants can sign up at their Super Hero park site. All sites will practice wiffle ball for three weeks and participate in our first, "Superhero," Whiffle Ball Tournament to be held at Mt. View Park on Tuesday, July 23, 2019.

DAY	TIME	DATE	FEE
T	3:00PM - 5:00PM	7/02 - 7/23	\$3

**AGE REQUIREMENT** 9 - 12

**LOCATION** Arceo, Fletcher, Gibson Mariposa, Lambert, Mt. View and Zamora Parks

## CO-ED FLAG FOOTBALL JUNIOR AND YOUTH LEAGUES

The Co-ed Flag Football program focuses on the development and fundamentals of the sport. Registration fee includes a team t-shirt, practices, free shuttle transportation on game days, and awards for the championship team. This league will include playoffs and a championship game. All games will be held at Mt. View Park. Spectators are welcome!

### JUNIOR

M (Practice)	3:30PM - 4:45PM	9/16 - 11/07	\$25
T (Game)	3:30PM - 6:30PM		

**GRADE REQUIREMENT** 3<sup>rd</sup> - 5<sup>th</sup>

### YOUTH

W (Practice)	3:30PM - 4:45PM	9/16 - 11/07	\$25
TH (Game)	3:30PM - 6:30PM		

**GRADE REQUIREMENT** 6<sup>th</sup> - 7<sup>th</sup>

**NOTE** Registration fee includes a team t-shirt, practices, free shuttle transportation on game days, and awards for the championship team.

**PRACTICE LOCATION** Arceo, Fletcher, Gibson Mariposa, Lambert, Mt. View and Zamora Parks

**GAME LOCATION** Mt. View Park

## CO-ED FLAG FOOTBALL PEE WEE SPORTS SESSION

This 6-week developmental program establishes the fundamentals necessary to play the sport. Participants will go through a series of progressive sessions that will teach them skills such as: throwing, catching, technique, and age appropriate offense and defense. Sessions will conclude with a one-day tournament to be held at Mt. View Park on Wednesday, October 23, 2019. Spectators are welcome!

DAY	TIME	DATE	FEE
W	5:00PM - 5:50PM	9/18 - 10/23	\$25

**GRADE REQUIREMENT** K - 2<sup>nd</sup>

**NOTE** Pee Wee participants will receive a park site t-shirt upon registration.

**LOCATION** Lambert and Mt. View Parks

## MEN'S ADULT SLOW-PITCH SOFTBALL LEAGUE

Designed to provide and promote well-being through recreational sports. League includes an umpire, scorekeeping, stats and awards for the top finishing teams.

DAY	TIME	DATE	FEE
SUN	9:00AM	6/30 - 9/15	\$500
SUN	9:00AM	9/29 - 12/22	\$500

**AGE REQUIREMENT** 18+

**UMPIRE FEE** \$14 per game payable to the score keeper prior to beginning of game. The home team is responsible for providing a playable reserve ball. Game times vary dependent upon the number of registered teams.

**NOTE** Limited sign ups. Register online or contact the Parks and Recreation Division at (626) 580-8692.

**LOCATION** Mt. View Park

## ADULT BASKETBALL LEAGUES

Designed to provide and promote well-being through recreational sports. All leagues include officiating, scorekeeping, stats and awards for the top finishing teams.

### OLDER ADULTS LEAGUE

DAY	TIME	DATE	FEE
T	6:30PM	7/02 - 9/17	\$475
T	6:30PM	10/01 - 12/17	\$475

**AGE REQUIREMENT** 40+

### ADULTS LEAGUE

DAY	TIME	DATE	FEE
TH	7:00PM	8/29 - 11/21	\$475
TH	7:00PM	12/05 - 3/05	\$475

**AGE REQUIREMENT** 18+

**OFFICIALS FEE** \$27 per game, payable to the score keeper prior to game time. Game times vary dependent upon the number of registered teams.

**NOTE** Limited sign ups. Register online or contact the Parks and Recreation Division at (626) 580-8692.

**LOCATION** Bernie Boomer Gymnasium at Lambert Park

## BERNIE BOOMER GYMNASIUM OPEN PLAY

The Bernie Boomer Gymnasium offers adult and youth drop in basketball during the week. Open gym sessions offer all skill levels an opportunity to participate in a non-competitive athletic environment.

DAY	TIME	DATE	AGE
SUN	11:30AM - 2:30PM	6/02 - 8/25	All
W	7:00PM - 9:00PM	6/05 - 8/28	All

**FEE** Free (17 years & younger)  
\$1.00 (18 yrs. & older)  
Waiver must be completed prior to play.

**LOCATION** Lambert Park

# COMMUNITY & SENIOR SERVICES

**Address:**  
Jack Crippen Multipurpose Senior Center  
3120 N. Tyler Avenue  
El Monte, CA 91731

**Office Hours:**  
Monday - Thursday  
7:30AM - 5:30PM

**Contact Information:**  
Phone: (626) 580-2210

## BLOOD PRESSURE CLINIC

Free blood pressure screenings are available on a walk-in basis. Screenings are completed by a trained volunteer who maintains personalized historical records. If blood pressure is unusually high or low, the volunteer will make appropriate referrals for follow-up care.

DAY	TIME	DATE
W	10:00AM - 11:00AM	6/20 • 8/22 • 10/17

**AGE REQUIREMENT** 50+ **FEE** Free

**LOCATION** Jack Crippen Multipurpose Senior Center

## EL MONTE/SOUTH EL MONTE MEALS ON WHEELS

This award winning program offers home delivered meals to eligible homebound residents who may be unable, by reason of age, infirmity or other circumstance, to prepare an adequate meal for themselves. Please call for availability.

DAY	TIME	DATE	AGE	FEE
M - F	Varies	Ongoing	All	\$3 per Meal

**NO SERVICE DAY** 7/4 • 9/2

**LOCATION** Delivered to your home

## BET TZEDEK LEGAL CLINIC

Bet Tzedek Legal Services provide free legal advice to individuals over the age of 60. Those seeking legal advice must live in Los Angeles County. Priority will be given to low income individuals. **Appointments are required.**

DAY	TIME	DATE	AGE	FEE
TH	10:00AM - 1:30PM	TBD	60+	Free

**LOCATION** Jack Crippen Multipurpose Senior Center

## ELDERLY NUTRITION PROGRAM

Meals are served on a first come, first served basis to participants 60 years of age and older. Program is funded in part under the Older Americans Act.

DAY	TIME	DATE	AGE	FEE
M - F	11:30AM	Ongoing	60+	\$2 suggested Donation

**NO SERVICE DAY** 7/4 • 9/2

**LOCATION** Jack Crippen Multipurpose Senior Center

## SENIOR MOVIE DAY

Enjoy popcorn and juice as you catch the latest movie projected on the big screen.

DAY	TIME	DATE
T	12:00PM	6/4 • 6/18 • 7/2 • 7/16 • 8/2 • 8/20

**AGE REQUIREMENT** 50+ **FEE** Free

**LOCATION** Jack Crippen Multipurpose Senior Center



## SENIOR CLUBS

### HISPANO AMERICANO CLUB

The Hispano Americano Club promotes fellowship, recreation and charitable service projects which benefit the community at large.

DAY	TIME	DATE	AGE
W	1:00PM - 3:00PM	Ongoing	50+

**FEE** \$12 annual membership

### CLUB DURAZO

Club Durazo's mission is to inform, advocate and foster activities that will improve the quality of life for all residents of the City of El Monte.

DAY	TIME	DATES	AGE
T (Read Note)	12:00PM - 1:30PM	Ongoing	50+

**FEE** Varies depending on member count.

**NOTE** Meetings are on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month

**LOCATION** Jack Crippen Multipurpose Senior Center

## WORKSHOPS / CLASSES

### FALL PREVENTION

Gain valuable information on the impact of family violence in the household, the impact of domestic violence on children, and practical suggestions and resources.

DAY	TIME	DATE	AGE	FEE
T	10:00PM - 11:00PM	6/20	All	Free

### MEDICARE & MEDI-CAL INFORMATION

Participants will gain information on all aspects of the health care programs and how to empower elderly and disable consumers and their families to use Medicare, Medi-Cal, and other health benefits effectively.

DAY	TIME	DATE	AGES	FEE
T	10:00PM - 11:00PM	8/15	All	Free

**LOCATION** Jack Crippen Multipurpose Senior Center

# SENIOR EVENTS

## WORLD ELDER ABUSE AWARENESS DAY

You will gain awareness of this global issue that affects the health and human rights of millions of older persons around the world. Resources will be provided.

DAY	TIME	DATE	AGE
TH	10:00AM	6/13	50+
<b>FEE</b> Free			
<b>LOCATION</b> Jack Crippen Multipurpose Senior Center			

## FATHER'S DAY LUNCHEON

We will be celebrating Father's with a healthy meal. Join us as we support the dads of our community.

DAY	TIME	DATE	AGE
F	11:30AM	6/14	50+
<b>SUGGESTED DONATION</b> \$2.00 (60 Years of Age & Over)			
<b>LOCATION</b> Jack Crippen Multipurpose Senior Center			

## BURGERS AND BINGO

BINGO! Enjoy a game of Bingo and a freshly grilled burger. It's a great way to have fun on a full tummy.

DAY	TIME	DATE	AGE
TH	5:00PM - 7:00PM	7/18	50+
<b>SUGGESTED DONATION</b> \$2.00 (60 Years of Age & Over)			
<b>LOCATION</b> Jack Crippen Multipurpose Senior Center			

## GRANDPARENT'S DAY DANCE & LUNCHEON

Join us as we celebrate and affirm the identity and importance of all grandparents. Live entertainment and a delicious nutritious lunch will be provided.

DAY	TIME	DATE	AGE
TH	10:00AM - 2:00PM	9/05	50+
<b>SUGGESTED DONATION</b> \$2.00 (60 Years of Age & Over)			
<b>LOCATION</b> Jack Crippen Multipurpose Senior Center			

# SENIOR ACTIVITIES

## BINGO

El Monte offers the best Bingo games around! Join us for an entertaining time with friends and an opportunity to win. Game prices and payouts vary; please call for more information.

DAY	TIME	DATE	AGES	FEE
M	9:00AM - 2:00PM	Ongoing	18+	Varies
TH	5:00PM - 9:00PM	Ongoing	18+	Varies

**NO SERVICE DAY** 7/4 • 8/22 • 9/2

**LOCATION** Jack Crippen Multipurpose Senior Center

## COMPUTER/QUIET ROOM

The computer room features 10 computers, WI-FI connection and lounge chairs that are open to participants 50 years of age and older during regular operating hours. Time restrictions may apply.

DAY	TIME	DATE	AGES	FEE
M - TH	9:30AM - 4:30PM	Ongoing	50+	Free

**NO SERVICE DAY** 7/4 • 9/2

**LOCATION** Jack Crippen Multipurpose Senior Center

## SENIOR GYM

The Jack Crippen Multipurpose Senior Gym is available to resident and non-resident participants at a nominal fee. The Senior Gym is a Healthways Silver Sneakers facility.

DAY	TIME	DATE	AGES	FEE
M - F	9:00AM - 1:00PM	Ongoing	50+	Free

**NO SERVICE DAY** 7/4 • 9/2

**LOCATION** Jack Crippen Multipurpose Senior Center

## BILLIARDS

Come play a "round of pool" with friends. Our billiards room offers three standard pool tables. Pool balls, cue sticks and bridges are available for use on a first-come, first-served basis. ID required for equipment checkout at the front desk.

DAY	TIME	DATE	AGES	FEE
M - TH	7:30AM - 5:30PM	Ongoing	50+	Free
F	8:00AM - 2:00PM	Ongoing	50+	Free

**NO SERVICE DAY** 7/4 • 9/2

**LOCATION** Jack Crippen Multipurpose Senior Center



# SENIOR OF THE YEAR

LUNCHEON & DANCE

## *Lillian Rey* PRESENTATION

Lillian is the Executive Director of the El Monte Emergency Resources Association. Her motto is that ERA is there to give families a "hand up and not a hand out", that is symbolic of all she does. She became the Executive Director nearly 40 years ago and has not stopped supporting the children and families of the community. At the same time she also volunteers for Meals on Wheels, The Jeff Seymour Family Center, numerous nonprofits and service clubs all with one focus, to help children and families in stress and in need in any way she possibly can.

DAY	TIME	DATE	AGE	SUGGESTED DONATION
TH	10:00AM - 2:00PM	6/06/2019	50+	\$2.00 (60 Years of Age & Over)
<b>LOCATION</b> Jack Crippen Multipurpose Senior Center				



# HISTORICAL MUSEUMS

## EL MONTE HISTORICAL MUSEUM & PRESERVATION

The El Monte Historical Society Museum is a hidden gem that features exquisite artifacts from some of California's earliest settlers.

DAY	TIME	DATE
T & W & F	10:00AM - 3:00PM	Ongoing
TH	12:00PM - 3:00PM	Ongoing

**AGE REQUIREMENT** All **FEE** Free

**LOCATION** 3150 Tyler Ave.  
El Monte, CA 91731

## HISTORICAL SOCIETY

The El Monte Historical Society meets monthly with quarterly teas and is open for the public to join.

## LA HISTORIA SOCIETY MUSEUM

La Historia Society Museum's objective is to preserve the history of the community's neighboring barrios dating back to the early 1900's. The museum also contributes to the community by supporting fundraising events, and participating in food and toy give-aways during the holidays. The museum also serves as a resource center for graduates and undergraduates from California State University, Los Angeles.

DAY	TIME	DATE
TH	12:00PM - 2:00PM	Ongoing
SUN	1:00PM - 4:00PM	Ongoing

**AGE REQUIREMENT** All **FEE** Free

**LOCATION** 3240 Tyler Ave.  
El Monte, CA 91731

## HISTORICAL SOCIETY

The La Historia Society meets on the 3<sup>rd</sup> Saturday of the month at 10AM. The Society is open for the public.

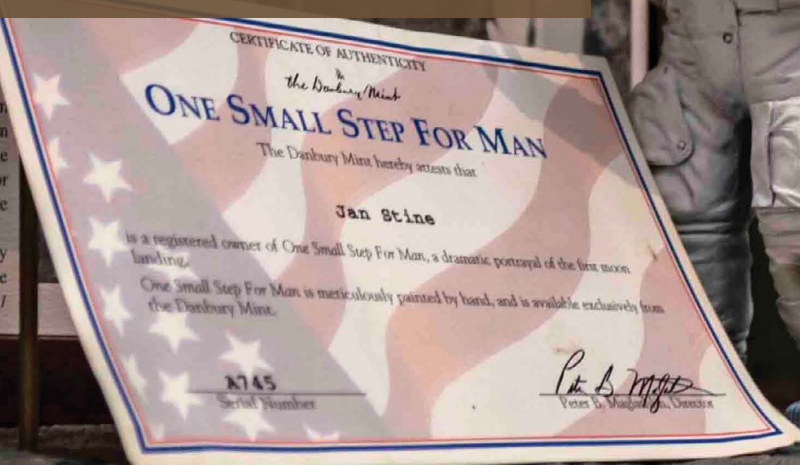
## TOURS

Please call (626) 580-2232 to schedule a school or private tour. The Museum can accommodate weekend and evening scheduled tours.



## TOURS

Please call (626) 279-1954 to schedule a school or private tour. The Museum can accommodate weekend and evening scheduled tours.



# SPECIAL PROGRAMS

## HEALTHY EL MONTE COORDINATING COUNCIL

The Council aims to unify efforts that create a healthy environment for all community residents and improve the quality of life for those we serve.

DAY	TIME	DATE	AGE	FEE
TH	10:00AM	6/27	All	Free

**NOTE** Please call (626) 258-8634 for more information.

**LOCATION** Aquatic Center - Room D

## EL MONTE & SOUTH EL MONTE EMERGENCY PREPAREDNESS COALITION

In partnership with the American Red Cross, the cities of El Monte and South El Monte, community organizations and residents meet monthly to discuss emergency response activities.

DAY	TIME	AGE	FEE
4 <sup>th</sup> M	3:00PM	All	Free

**EL MONTE DATES** 6/24 • 8/26

**SOUTH EL MONTE DATES** 7/22 • 9/23

**NOTE** For more information contact Resiliency Ambassador, Victoria Burl at (626) 258-8634.

**EL MONTE LOCATION** Jack Crippen Multipurpose Senior Center

**SOUTH EL MONTE LOCATION** South El Monte Senior Center

## I HEART EL MONTE

This is a grassroots resident led movement based on civic pride, unity and community engagement that encourages participation from residents and other stakeholders.

DAY	TIME	DATE	FEE
T	9:00AM - 11:00AM	6/04 - 8/15	Free

**AGE REQUIREMENT** 18+

**NOTE** Meetings are held every 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of the month. Please call SBCC Thrive LA at (626) 869-9282 for more information.

**LOCATION** Aquatic Center - Room C

## BEAUTIFICATION OF GREEN SPACE

All are welcomed to help in the beautification of the community garden.

**NOTE** Meetings are held every 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month. Please call SBCC Thrive LA at (626) 869-9282 for more information.

**LOCATION** Jack Crippen Multipurpose Senior Center Garden

## EL MONTE WOMEN'S CLUB

This local philanthropic service organization dedicates itself to enriching the quality of life in the community. Members develop leadership skills, exchange ideas and form lifelong friendships.

DAY	TIME	DATE
4 <sup>th</sup> T	11:00AM	6/25 • 7/23 • 8/27

**AGE REQUIREMENT** All

**MEMBERSHIP FEE** One time yearly fee

**NOTE** For more information, please contact President Gina Morales through Facebook.com/emwomensclub and elmontewomensclub@gmail.com

**LOCATION** Grace T. Black Auditorium

## CONSERVATION GARDEN PROJECT

Enjoy some sun, soil, and sisterhood. Inquire about becoming a member and be a part of our Garden Project.

DAY	TIME	DATE	AGE	FEE
W & TH	10:00AM	Ongoing	18+	Free

**LOCATION** Jack Crippen Multipurpose Senior Center Garden

## DAY ONE YOUTH ADVOCATE INTERNSHIP

Become a Youth Advocate today! Earn community service hours and learn how to be a leader in your community. As a Youth Advocate, you will acquire life skills for professional development that you will use in college and in your future career.

DAY	TIME	DATE	FEE
T	3:00PM - 5:00PM	8/27 - 12/10	Free

**AGE REQUIREMENT** 12 - 18

**NOTE** Email Jennifer Jimenez at jennifer@godayone.org or call (323) 607-3557 for more information.

**LOCATION** Aquatic Center - Room D

## CPR & FIRST AID TRAINING

The American Red Cross is offering CPR/First Aid training to help El Monte and South El Monte residents respond to emergencies properly. Certification for Adult CPR/First Aid is valid for two years and includes free access to digital learning materials and online refresher courses.

DAY	TIME	DATE	AGE	FEE
SAT	TBD	TBD	12+	\$5

**NOTE** Space is limited. Fee is non-refundable (valued at \$100+) Register at the El Monte Aquatic Center.

**LOCATION** Aquatic Center - Room A

# PARKS & FACILITIES

## 1 AQUATIC CENTER

11001 Mildred Street • (626) 580-2213

State of the art ADA accessible facility which includes pool, spa, diving boards, locker rooms, showers, restrooms, seasonal outdoor pool/waterslide and multipurpose conference rooms available for rental.



## 4 EL MONTE COMMUNITY CENTER

3130 Tyler Avenue • (626) 580-2200

Multipurpose auditorium (accommodates 300-500 guests), warming kitchen, private outdoor courtyard, restrooms, stage, lighting, public address system and state of the art projector with drop down screen available for rental.



## 7 JACK CRIPPEN MULTIPURPOSE SENIOR CENTER

3120 N. Tyler Avenue • (626) 580-2210

Billiard room, computer lab, nutrition center, fitness center, kitchen, multipurpose auditorium (accommodates 200 guests), public address system and meeting room available for rental.



## 2 BALDWIN MINI PARK

3750 Baldwin Avenue • (626) 580-2200

Baldwin Mini Park is a 1/2 acre park with the following amenities: outdoor basketball court, play area with playground equipment, large covered picnic shelter with seating capacity for up to 100 individuals, park office, public restrooms and picnic shelters available for rentals.



## 8 LAMBERT PARK & BERNIE BOOMER GYMNASIUM

11431 McGirk Street • (626) 448-8761

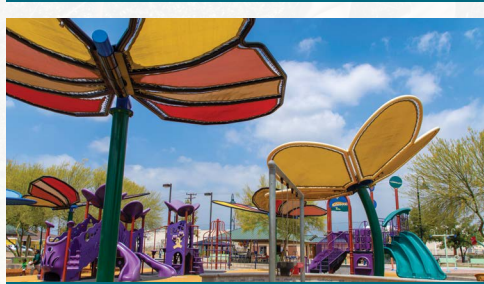
Snack bar, various sized play structures and restrooms. Indoor gymnasium, multipurpose auditorium (accommodates 150 guests), youth baseball diamond, lighted baseball diamond and outdoor picnic areas available for rental. 9.3 acres.



## 5 FLETCHER PARK

3404 Fletcher Parkway • (626) 580-2222

Outdoor basketball court, large open play field, various sized play structures and restrooms. Large outdoor picnic area available for rental. 2.9 acres



## 3 EL MONTE CITY HALL & POLICE DEPARTMENT

11333 Valley Boulevard • (626) 580-2001  
Police Department: (626) 580-2110  
(non-emergency)

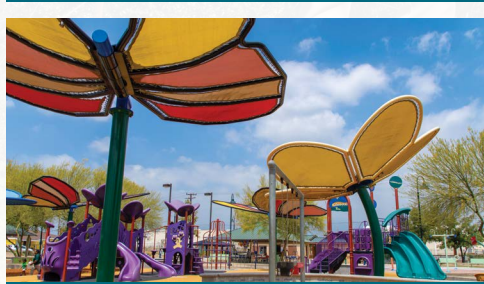


## 6 GIBSON MARIPOSA PARK

4140 Gibson Road • (626) 448-8448

Neighborhood park, walking path, outdoor basketball court, various sized play structures, restrooms and splash pad. Several outdoor picnic areas available for rental. 4.3 acres.

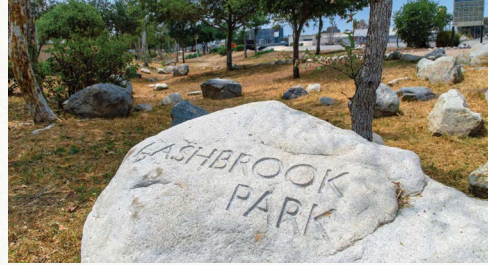
**SPLASH PAD OPEN** - June 22 - August 18  
M - F, 2:15PM - 5:45PM • Sat & Sun, 12:15PM - 4:30PM



## 9 LASHBROOK PARK

3199 Lashbrook Avenue

Lashbrook park is a 1.8 acre park which extends approximately 1,100 feet from Rosemead Blvd. along the south bank of the Rio Hondo River to the corner of Lashbrook and Brockway Avenue. The park includes multipurpose trails, native plants and trees, picnic areas and more.



## PLAN YOUR SPECIAL EVENT WITH US!

For more information, please contact the Facilities Division at (626) 580-2200 or visit [www.ElMonteCA.gov](http://www.ElMonteCA.gov)



## 10 MOUNTAIN VIEW PARK

12127 Elliott Avenue • (626) 575-2418

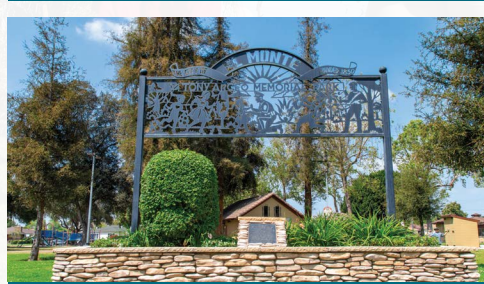
Outdoor basketball court, various sized play structures, lighted softball field, lighted youth baseball diamond and restrooms. Multipurpose auditoriums, meeting rooms and picnic areas available for rental. 10.1 acres.



## 11 RIO VISTA VETERANS MEMORIAL PARK

4275 Ranger Avenue • (626) 580-2200

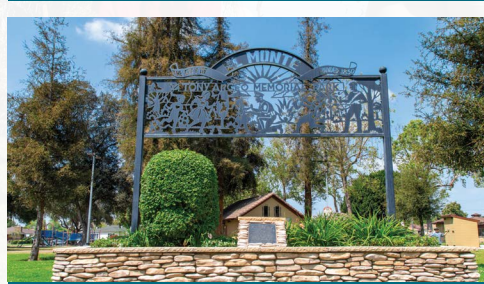
Neighborhood park, walking trails, play structures and restrooms. Outdoor picnic area available for rental. 1.5 acres.



## 12 TONY ARCEO MEMORIAL PARK

3125 N. Tyler Avenue • (626) 580-2200

Neighborhood park, walking path with custom mile markers, band shell, various sized play structures and restrooms. Outdoor picnic area available for rental. 3.4 acres.



## 13 VETERANS MEMORIAL PARK

Corner of Santa Anita Avenue & Valley Boulevard

The Veterans Memorial Park honors those who have served in the United States Armed Services: Army, Marine Corps, Navy, Air Force and National Guard.



## 14 ZAMORA PARK

3820 Penn Mar Avenue • (626) 575-3094

Outdoor basketball court, various sized play structures and restrooms. Multipurpose auditorium, meeting rooms, Art House and private picnic area available for rental. 4.4 acres.



*City of El Monte*

*Parks, Recreation & Community Services Department*

## **2018 SERVICE DELIVERY ACCOMPLISHMENTS**

\$273,820 Program and Activity Grant/Sponsorship Funding  
\$5,201,706 Open Space Capital Improvement Grant Funding  
22,711 Senior Meals Served  
1,532 Meals on Wheels Served  
3,124 Summer Lunch Program Meals Served

1,620 Youth Athletes  
1,436 Adult Athletes

3,543 Learn to Swim Participants  
7,380 Recreation and Family Night Swim Participants  
297 El Monte Swims Participants (5 Schools)

5 Citywide Art Contests  
27,461 Art, Dance, Fitness and Education Program Participants

### **AWARDS**

**AMERICAN RED CROSS EMPLOYEE RECOGNITION**

**CALIFORNIA PARK & RECREATION SOCIETY  
DISTRICT 13 COMMUNITY SERVICE AWARD RECOGNITION**