



# City of El Monte

Parks, Recreation & Community Services Department

# RUMBLE TUMBLE TUMMY TIME



# MONDAYS

**10:00 am - 10:45 am**

**FEE: \$50 for 4 weeks**

**Fall 2019 Sessions**

9/9 - 9/30  
10/7 - 10/28  
11/4 - 12/2

No Class on 11/11

**Winter 2020 Sessions**

1/6 - 2/3  
2/10 - 3/9  
3/16 - 4/6

No Class on 1/20 & 2/17

**Instructor: Monique Soderstrom • Ages: 2-6 Months**

**Location: El Monte Aquatic Center- Room B 11001 Mildred Street, El Monte, CA**

The goal of the Rumble Tumble Tummy Time class is to bring parents and babies together with other families to learn ways to make tummy time fun for babies and easier for parents. Using engaging song and activities, parents will not only enjoy the classes, but will also get lots of ideas for extending the experience at home. Parent Participation Required. Please bring a boppy/tummy time pillow or towel.

Limited sign-ups. Sorry, no refunds. Register at: [apm.activecommunities.com/elmonteparksandrec/home](http://apm.activecommunities.com/elmonteparksandrec/home)

For more information, please contact the Facilities, Special Programs, and Events Division at (626) 258-8634 Monday – Thursday 9:00 am – 5:30 pm