City of El Monte

Parks, Recreation & Community Services Department

Senior Lap Swim and Exercise Program

Open Swim

Monday - Thursday 10:00 a.m. - 11:30 a.m.
Tuesday/Thursday 7:00 p.m. - 9:00 p.m.

Water Exercise Class

Monday - Thursday
10:15 a.m. - 11:15 a.m.

This program encompasses open recreation, lap swimming and water exercise at the El Monte Aquatic Center.

The Senior Lap and Exercise Program admission fees are aligned to meet the requirements of Healthways, HUD and LA County funding. The following opportunities are available for participating in the Senior Swim Program:

Senior Lap and Exercise Program

Admission: $2.50 per visit for 50 years and older
(Must obtain Jack Crippen Senior Center Identification card)
A discounted pass is available to seniors (15 visits for $30.00).

El Monte Aquatic Center
11001 Mildred Street,
El Monte, CA

CDBG / HUD Eligible

El Monte residents 62 years and older
Admission: $1.00 per visit
Individuals MUST complete all subsidized program required forms.

Healthways Silver Sneakers

Admission: Free
Please inquire at the front desk or visit www.silversneakers.com for eligibility.

The Friendly City of El Monte

For more information, please call the El Monte Aquatic Center at (626) 580-2213
Monday - Thursday 9:00 a.m. - 9:00 p.m. and Saturday 9:00 a.m. - 1:00 p.m.